

Student Name: \_\_\_\_\_

ID#: \_\_\_\_\_

Advisor Name: \_\_\_\_\_

Anticipated Graduation Date: \_\_\_\_\_

## BACHELOR OF HUMAN KINETICS GENERALIST STREAM CHECKLIST (122 s.h.) 2023-24 Academic Calendar

THIS CHECKLIST IS INTENDED TO ASSIST STUDENTS AND ADVISORS IN ENSURING THAT ALL REQUIREMENTS ARE MET. IT IS THE RESPONSIBILITY OF THE **STUDENT** TO ENSURE THAT ALL REQUIREMENTS FOR THE GRANTING OF A DEGREE HAVE BEEN MET.

### 1. Inquiry: Ways of Knowing - Core Requirements (40 s.h.\*)

\*University Core Requirements are modified for students who transfer in with 57 s.h. or more of initial transfer credit. See Academic Calendar for details ([twu.ca/calendar](http://twu.ca/calendar)).

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	<b>FOUNDATIONAL INQUIRIES (25 sem. hrs.)</b>			<input type="checkbox"/>	Academic Writing Requirement <sup>2</sup>		
<i>Academic Research &amp; Writing</i>				<b>WAYS OF KNOWING (15 sem. hrs.)</b>			
<input type="checkbox"/>	ENGL _____	3	Choose 2 courses (6 sem. hrs.) from ENGL 101, 102, 103, 104.	In addition to the courses on the left, students must take an additional 18 sem. hrs., selecting 3 sem. hrs. from each of the following six categories. *At least 9 sem. hrs. must be from outside of the student's major.			
<input type="checkbox"/>	ENGL _____	3					
<i>Foundations</i>				<i>Aesthetic &amp; Performance Inquiry</i>			
<input type="checkbox"/>	FNDN 101	1	Compulsory during the first semester of the first year. <sup>1</sup>	<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Aesthetic & Performance Inquiry category below.
<input type="checkbox"/>	FNDN 102	3	Normally taken before year 3.	<i>Cultural &amp; Linguistic Inquiry</i>			
<input type="checkbox"/>	FNDN 201	3		<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Cultural & Linguistic Inquiry category below.
<i>Logical &amp; Ethical Reasoning</i>				<i>Experiential &amp; Embodied Inquiry</i>			
<input type="checkbox"/>	PHIL _____	3	Choose one of PHIL 100, 103, 105, 106, 109, or 210.	**	**	**	Satisfied by Program Requirements.
<i>Religious &amp; Spiritual Thought</i>				<i>Historical &amp; Archival Inquiry</i>			
<input type="checkbox"/>	RELS 110	3	Compulsory during the first semester of the first year.	<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Historical & Archival Inquiry category below.
<input type="checkbox"/>	RELS 111	3		<i>Quantitative &amp; Computational Inquiry</i>			
<input type="checkbox"/>	RELS 112	3		<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Quantitative & Computational Inquiry category below.
<i>Scientific Method &amp; Lab Research</i>				<i>Social &amp; Global Inquiry</i>			
**	**	**	Satisfied by Program Requirements.	<input type="checkbox"/>	_____	3	Choose 3 sem. hrs. from the Social & Global Inquiry category below.

<sup>1</sup>FNDN 101 is compulsory during the first semester of the first year for all new students unless they have a minimum 24 sem. hrs. initial transfer credit.

<sup>2</sup>**Academic Writing Requirement:** students must take WRTG 100 (native English speakers) or WRTG 101 (non-native English speakers) in their first semester at TWU, unless exempt at the time of admission to the University. WRTG course credit may be included toward a degree program as elective credit.

#### Aesthetic & Performance Inquiry

Choose 3 semester hours from: ART 181, 182, 250; ENGL 207, 208, 310; HKIN 342; MCOM 211, 221, 231, 369; MUSI 110; PHIL 370; SAMC 111, 370; THTR 130, 161; any Music Ensembles; any Music Lessons.

#### Cultural & Linguistic Inquiry

Choose 3 semester hours from: ANTH 210, 395; EDUC 496; ENGL 334, 340, 482; GREE 235; HEBR 245; HIST 237; IDIS 201; POLS 237; RELS 235, 245; SOCI 395; any World Languages & Cultures course (CHIN, FREN, JAPA, RUSS, SPAN).

#### Historical & Archival Inquiry

Choose 3 semester hours from: ART 237, 238; ECON 306; GENV 312; HIST 107, 108, 135, 306, 339, 391; MUSI 131, 132; NURS 230; PHIL 203, 314, 421; POLS 391; PSYC 408; RELS 320, 351, 352, 475; SAMC 112; SOCI 391; THTR 331, 332.

#### Quantitative & Computational Inquiry

Choose 3 semester hours from: BUSI 176, 275; CHEM 104, 112; CMPT 140; DATA 100; ECON 176, 275; GENV 282, 382, 383; MATH 102, 108, 123, 150, 190, 191; PHYS 112; PSYC 207; SOCI 207; SOCS 305, 383.

#### Social & Global Inquiry

Choose 3 semester hours from: ANTH 101, 302; BUSI 311; ECON 311, 354; EDUC 345, 365; ENGL 348; GENV 111, 212, 322, 354; LING 101, 210, 302; MCOM 111, 171, 251, 313, 315, 317, 372, 491; NURS 227; PHIL 208, 220, 310, 320; POLS 101, 211, 310, 312, 320, 493; PSYC 399; RELS 271, 272, 285, 381, 384, 386, 476; SOCI 101; THTR 348.

## Bachelor of Human Kinetics – Generalist Requirements (60 s.h. from sections 2-5)

### 1. Human Kinetics Requirements (24 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	HKIN 191	3		<input type="checkbox"/>	HKIN 298	3	
<input type="checkbox"/>	HKIN 195	3		<input type="checkbox"/>	HKIN 325	3	
<input type="checkbox"/>	HKIN 277	3		<input type="checkbox"/>	HKIN 351	3	
<input type="checkbox"/>	HKIN 292	3		<input type="checkbox"/>	HKIN 372	3	

### 2. Human Kinetics Theory Electives (21-27 s.h.)

Minimum of 12 s.h. upper level unless additional leadership credits and 342 are taken in activity section.

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	HKIN _____	3		<input type="checkbox"/>	HKIN _____	3	
<input type="checkbox"/>	HKIN _____	3		<input type="checkbox"/>	HKIN _____	3	
<input type="checkbox"/>	HKIN _____	3		<input type="checkbox"/>	HKIN _____	3	
<input type="checkbox"/>	HKIN _____	3		<input type="checkbox"/>	HKIN _____	3	
<input type="checkbox"/>	HKIN _____	3					

### 3. Human Kinetics Activity Requirements (6-10 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	HKIN _____	_____	Choose any combination of HKIN activity courses to total 6-10 s.h.  Spartan Athletes can choose 1 team credit to count towards the total.	<input type="checkbox"/>	HKIN _____	_____	
<input type="checkbox"/>	HKIN _____	_____		<input type="checkbox"/>	HKIN _____	_____	
<input type="checkbox"/>	HKIN _____	_____		<input type="checkbox"/>	HKIN _____	_____	
<input type="checkbox"/>	HKIN _____	_____		<input type="checkbox"/>	HKIN _____	_____	
<input type="checkbox"/>	HKIN _____	_____		<input type="checkbox"/>	HKIN _____	_____	

### 4. Human Kinetics Field Placement Requirements (3-6 s.h.)

To be chosen in consultation with field placement coordinators.

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	HKIN _____	_____	Select from 355, 455, 456, 457, 458.	<input type="checkbox"/>	HKIN _____	_____	Select from 355, 455, 456, 457, 458.
<input type="checkbox"/>	HKIN _____	_____		<input type="checkbox"/>	HKIN _____	_____	
<input type="checkbox"/>	HKIN _____	_____		<input type="checkbox"/>	HKIN _____	_____	

### 5. Ancillary Requirements (6 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<input type="checkbox"/>	BIOL 241	3		<input type="checkbox"/>	BIOL 242	3	

### 6. Elective Courses (16 s.h.)

STUDENTS ARE ENCOURAGED, BUT NOT REQUIRED, TO TAKE ELECTIVE CLASSES THAT CONTRIBUTE TO A CONCENTRATION OR A MINOR. IF YOU CHOOSE TO TAKE A CONCENTRATION OR A MINOR, PLEASE ATTACH THE APPROPRIATE CONCENTRATION/MINOR CHECKLIST AVAILABLE AT: [twu.ca/advising](http://twu.ca/advising)

✓	SUBJECT	COURSE#	S.H.	NOTES	✓	SUBJECT	COURSE#	S.H.	NOTES
<input type="checkbox"/>					<input type="checkbox"/>				
<input type="checkbox"/>					<input type="checkbox"/>				
<input type="checkbox"/>					<input type="checkbox"/>				

- **NOTE:** A total of 122 s.h. of credit, including a minimum of 42 s.h. (24 s.h. in the major) of upper-level credit is required for graduation. A minimum overall (cumulative) GPA of 2.00 is required for graduation.
- **NOTE:** In order to be eligible for graduation you must complete an Application for Graduation via the Student Portal and submit a completed checklist to the Office of the Registrar by April 30 of the year prior to your completion (there is no fee to apply for graduation). Once your complete application has been received, a degree audit will be completed for you. This audit will confirm which courses are still outstanding in order for you to complete your degree.
- **NOTE:** Students seeking eligibility with the BC Association of Kinesiologists should take the BHK Kinesiology Stream, not the Generalist Stream to ensure they meet the necessary requirements.

		YEAR 1
✓	s.h.	Fall
	1	FNDN 101
	3	RELS 110
	3	ENGL <sup>1</sup>
	3	Core <sup>2</sup>
	3	HKIN 195
	3	HKIN 191 <sup>3</sup>
		Semester Total: 16

		YEAR 2
✓	s.h.	Fall
	3	FNDN 201
	3	RELS 112
	3	HKIN 292
	3	HKIN 298 <sup>3</sup>
	3	BIOL 241
		Semester Total: 15

		YEAR 3
✓	s.h.	Fall
	3	Core <sup>2</sup>
	3	HKIN 325
	3	HKIN 351 <sup>3</sup>
	3	Theory
	3	Elective
	1-2	Field <sup>5</sup>
		Semester Total: 16 - 17

		YEAR 4
✓	s.h.	Fall
	3	Theory <sup>6</sup>
	3	Theory <sup>6</sup>
	3	Theory
	3	Elective
	1-3	HKIN <sup>4</sup>
	1-2	Field <sup>5</sup>
		Semester Total: 14 - 17

		YEAR 1
✓	s.h.	Spring
	3	FNDN 102
	3	RELS 111
	3	ENGL <sup>1</sup>
	3	Core <sup>2</sup>
	1-3	HKIN <sup>4</sup>
		Semester Total: 13 - 15

		YEAR 2
✓	s.h.	Spring
	3	Core <sup>2</sup>
	3	Core <sup>2</sup>
	3	HKIN 277 <sup>3</sup>
	3	BIOL 242
	3	Theory
	1	HKIN
		Semester Total: 16

		YEAR 3
✓	s.h.	Spring
	3	Core <sup>2</sup>
	3	HKIN 372
	3	Theory
	3	Theory <sup>6</sup>
	3	Elective
	1-2	Field <sup>5</sup>
		Semester Total: 16 - 17

		YEAR 4
✓	s.h.	Spring
	3	Theory <sup>6</sup>
	3	Theory
	3	Theory
	3	Elective
	1-2	Field <sup>5</sup>
	1	HKIN
		Semester Total: 14 - 15

## COURSE LEGEND

### Core Courses

1. Choose from: ENGL 101, 102, 103, 104.
2. Core electives should be chosen as follows:
  - ONE Logical & Ethical Reasoning
  - ONE Aesthetic and Performance Inquiry
  - ONE Cultural & Linguistic Inquiry
  - ONE Historical & Archival Inquiry
  - ONE Quantitative & Computational Inquiry
  - ONE Social & Global Inquiry

### Major Courses

3. This course is offered in both the fall and spring semesters.

### Major + Core Courses

4. If taking a 3-credit activity course, you could drop one of the core courses this semester and take it later.
5. HKIN Field Placement: 355, 455, 456, 457, or 458 – note 1 or 2 credit options.
6. Choose an HKIN theory elective that is 300- or 400-level

### Ancillary Courses

### Ancillary + Core Courses

### Electives

*Summer Sessions are encouraged to reduce semester load and/or repeat courses.*

*This is an example of what a 4-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.*

		YEAR 1		YEAR 2		YEAR 3		YEAR 4		YEAR 5	
✓	s.h.	Fall		Fall		Fall		Fall		Fall	
	1	FNDN 101		3	RELS 112	3	Core <sup>2</sup>	3	Core <sup>2</sup>	3	Theory <sup>6</sup>
	3	RELS 110		3	HKIN 292	3	Theory	3	HKIN 351 <sup>3</sup>	3	Theory
	3	ENGL <sup>1</sup>		3	HKIN 298 <sup>3</sup>	3	Theory	3	HKIN 325	3	Elective
	3	Core <sup>2</sup>		3	BIOL 241	3	Elective	3	Theory <sup>6</sup>	1	HKIN
	3	HKIN 195						1 - 2	Field <sup>5</sup>	1 - 2	Field <sup>5</sup>
Semester Total: 13		Semester Total: 12		Semester Total: 12		Semester Total: 13 - 14		Semester Total: 11 - 12			
		YEAR 1		YEAR 2		YEAR 3		YEAR 4		YEAR 5	
✓	s.h.	Spring		Spring		Spring		Spring		Spring	
	3	FNDN 102		3	FNDN 201	3	Core <sup>2</sup>	3	HKIN 372	3	Theory <sup>6</sup>
	3	RELS 111		3	Core <sup>2</sup>	3	Core <sup>2</sup>	3	Theory <sup>6</sup>	3	Theory
	3	ENGL <sup>1</sup>		3	HKIN 277 <sup>3</sup>	3	Theory	3	Elective	3	Elective
	3	HKIN 191 <sup>3</sup>		3	BIOL 242	3	Theory	1 - 2	Field <sup>5</sup>	1	HKIN
	1 - 3	HKIN <sup>4</sup>				3	Elective	1 - 3	HKIN <sup>4</sup>	1 - 2	Field <sup>5</sup>
						1 - 2	Field <sup>5</sup>				
Semester Total: 13 - 15		Semester Total: 12		Semester Total: 16 - 17		Semester Total: 11 - 14		Semester Total: 11 - 12			

## COURSE LEGEND

### Core Courses

1. Choose from: ENGL 101, 102, 103, 104.
2. Core electives should be chosen as follows:  
 ONE Logical & Ethical Reasoning  
 ONE Aesthetic and Performance Inquiry  
 ONE Cultural & Linguistic Inquiry  
 ONE Historical & Archival Inquiry  
 ONE Quantitative & Computational Inquiry  
 ONE Social & Global Inquiry

### Major Courses

3. This course is offered in both the fall and spring semesters. If the course is full during the semester given in the plan, you can take it the next semester. Take another required course in its place.

### Major + Core Courses

4. If taking a 3-credit activity course, you could drop one of the core courses this semester and take it later.
5. HKIN Field Placement: 355, 455, 456, 457, or 458 – note 1 or 2 credit options.
6. Choose an HKIN theory elective that is 300 or 400-level

### Ancillary Courses

### Ancillary + Core Courses

### Electives

*Summer Sessions are encouraged to reduce semester load and/or repeat courses.*

*This is an example of what a 5-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.*