

# JOURNEY 2023: A TWU OUTDOOR EXPERIENCE

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Wells Grey Provincial Park Canoe Trip

AUGUST 15-25, 2023



TRINITY WESTERN UNIVERSITY

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I was able to connect with God on an amazing level and meet the most incredible people in one of the most gorgeous places I have ever been. I will forever be grateful for this trip and all that it taught me.

STUDENT FROM 2022

## Experience the transformational value of the outdoors with HKIN 216.

Returning August 2023, you will have an opportunity to explore who you can become in a life-altering opportunity in the spectacular beauty of the Canadian wilderness. You are invited to join us.

Every August, we plan an adventure to Clearwater and Azure Lakes in Wells Gray Provincial Park that may be just what you need. Organized by TWU Recreation in collaboration with Omada Teambuilding, HKIN 216 is a unique outdoor experience. It is your opportunity to disconnect from the busyness of your day-to-day life and connect with God in his beautiful creation. This is an chance for you to:

- Develop focus, resilience, and perseverance
- Explore God's calling for your life
- Spend time in reflection and prayer
- Develop and deepen friendships
- Connect with the natural beauty of creation
- Build a supportive community
- Learn essential wilderness skills and how to prepare for the outdoors

This course will be led by students from previous years and individuals rich in outdoor (and life) experience and who are passionate about sharing the transformational value of the outdoors.

Our Clearwater and Azure Lakes trip will be a journey of discovery and development that will both challenge and encourage you on your own personal journey. We hope that you'll join us.

### DATES

**August 15–25, 2023**

### WHAT TO EXPECT

You'll prepare for the trip by doing some reading, writing, and reflection assignments. Once you arrive on campus, you'll prepare through orientation, preparation, packing, and basic skills training.

Then we'll drive together to our launch site. We'll spend seven days immersed in the wilderness. During your time on the lake, you'll have numerous opportunities to reflect, explore, and share how you see the world. We will cap it off with a celebration, and we'll drive home together. On the last day, back on campus, we'll spend a few hours cleaning up and debriefing our trip.

This trip is a course—HKIN 216. You will be expected to pay tuition plus an activity fee. The total cost for the course is expected to be \$2330. Some financial aid will be available for those needing it.

### WHAT TO BRING

You'll receive a list of all the personal items to bring (e.g., clothes, sleeping bag/mat). The fee plus tuition will cover all other trip expenses. This fee covers all meals, accommodations, primary trip equipment and gear, transportation, and backcountry access fees.

### WHAT EXPERIENCE YOU NEED

You don't need to have prior outdoor training or experience. You just need to be open to having an unforgettable experience this summer! Be willing to challenge yourself mentally, physically, spiritually, and emotionally in order to discover what God has planned for you.

### ELIGIBILITY

This trip is primarily for undergraduate students, but anyone who is interested can take the course. There are only 32 spots available, and we expect demand to be high.

### HOW TO APPLY

Please complete your online application no later than Friday, March 3, 2023.

If you have any questions, please email [outdoorcentre@twu.ca](mailto:outdoorcentre@twu.ca)  
*Due to high demand, please allow up to one week for us to respond.*

