

Student Name: \_\_\_\_\_ ID # \_\_\_\_\_

Advisor Name: \_\_\_\_\_ Anticipated Graduation Date: \_\_\_\_\_

## BACHELOR OF HUMAN KINETICS: KINESIOLOGY STREAM CHECKLIST (122 s.h.) 2024-25 Academic Calendar

### 1. Inquiry: Ways of Knowing – Core Requirements (37 s.h.\*)

*\*University Core Requirements are modified for students who transfer in with 57 s.h. or more of initial transfer credit. See [Academic Calendar](#) for details.*

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
<b>FOUNDATIONAL INQUIRIES (25 sem. hrs.)</b>				Academic Writing Requirement <sup>1</sup>			
<i>Academic Research &amp; Writing</i>				<b>WAYS OF KNOWING (12 sem. hrs.)</b>			
	ENGL _____	3	Choose two of ENGL 101, 102, 103, 104.	In addition to the courses on the left, students must take an additional 12 sem. hrs. from each of the following categories, 9 s.h. of which must be from outside of the student's major.			
	ENGL _____	3					
<i>Foundations</i>				<i>Aesthetic &amp; Performance Inquiry</i>			
	FNDN 101	1	Compulsory during the first semester of the first year for all new students unless they have a minimum 24 sem. hrs. initial transfer credit.			3	Choose 3 sem. hrs. from the Aesthetic & Performance Inquiry category below. (Choose HKIN 342 if seeking BCAA membership.)
	FNDN 102	3	Normally taken before year three.	<i>Cultural &amp; Linguistic Inquiry</i>			
	FNDN 201	3				3	Choose 3 sem. hrs. from the Cultural & Linguistic Inquiry category below.
<i>Logical &amp; Ethical Reasoning</i>				<i>Experiential &amp; Embodied Inquiry</i>			
	PHIL _____	3	Choose one of PHIL 100, 103, 105, 106, 109, or 210.		**	**	Satisfied by HKIN Activity or Field Placement requirements.
<i>Religious &amp; Spiritual Thought</i>				<i>Historical &amp; Archival Inquiry</i>			
	RELS _____	3	Choose RELS 110 or 160. Recommended in 1st semester of the 1st year.			3	Choose 3 sem. hrs. from the Historical & Archival Inquiry category below.
	RELS 111	3		<i>Quantitative &amp; Computational Inquiry</i>			
	RELS 112	3			**	**	Satisfied by STAT 102 or PSYC 207.
<i>Scientific Method &amp; Lab Research</i>				<i>Social &amp; Global Inquiry</i>			
	**	**	Satisfied by BIOL 241.			3	Choose 3 sem. hrs. from the Social & Global Inquiry category below.

<sup>1</sup>**Academic Writing Requirement:** students must take WRTG 100 (native English speakers) or WRTG 101 (non-native English speakers) in their first semester at TWU, unless exempt at the time of admission to the University. WRTG course credit may be included toward a degree program as elective credit.

### Ways of Knowing: Categories

<b>Aesthetic &amp; Performance Inquiry</b>	ART 181, 182, 250; ENGL 207, 208, 310; HKIN 342; MCOM 211, 221, 231, 369; MUSI 110; PHIL 370; SAMC 111, 370; THTR 130, 161; any Music Ensembles; any Music (MUSA) Private Lessons.
<b>Cultural &amp; Linguistic Inquiry</b>	ANTH 210, 395; EDUC 496; ENGL 334, 340, 482; GREE 235; HEBR 245; HIST 237; IDIS 201; POLS 237; RELS 235, 245; SOCI 395; any World Languages & Cultures course (CHIN, FREN, JAPA, RUSS, SPAN).
<b>Historical &amp; Archival Inquiry</b>	ART 237, 238; ECON 306; GENV 312; HIST 107, 108, 135, 306, 339, 391; MUSI 131, 132; NURS 230; PHIL 203, 314, 421; POLS 391; PSYC 408; RELS 320, 351, 352, 475; SAMC 112; SOCI 391; THTR 331, 332.
<b>Social &amp; Global Inquiry</b>	ANTH 101, 302; BUSI 311; ECON 311, 354; EDUC 345, 365; ENGL 348; GENV 111, 212, 322, 354; LING 101, 210, 302; MCOM 111, 171, 251, 313, 315, 317, 372, 491; NURS 227; PHIL 208, 220, 310, 320; POLS 101, 211, 310, 312, 320, 493; PSYC 399; RELS 271, 272, 285, 381, 384, 386, 476; SOCI 101; THTR 348.

## 2. Human Kinetics Theory Requirements (60 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	HKIN 191	3			HKIN 351	3	
	HKIN 195	3			HKIN 372	3	
	HKIN 260	3			HKIN 375	3	
	HKIN 276	3			HKIN 420	3	
	HKIN 277	3			HKIN 465	3	
	HKIN 292	3			HKIN _____	3	Choose from 280, 400, 440, 446 <sup>1</sup> , or 453.
	HKIN 298	3			HKIN 470	3	
	HKIN 303	3			HKIN 475	3	
	HKIN 325	3			HKIN 492	3	
	HKIN 340	3			HKIN 495	3	

<sup>1</sup>Students should consider 446 for eligibility with the BC Association of Kinesiology and for those going into programs such as Physiotherapy.

## 3. Human Kinetics Activity Requirements (3 s.h. \*)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	HKIN _____				HKIN _____		
	HKIN _____			<b>*Must include one of HKIN 103 (1), 107 (1), 201<sup>2</sup> (3), or 202<sup>2</sup> (3).</b>			

<sup>2</sup>Students looking for eligibility with the BC Association of Kinesiologists should take HKIN 201 or 202 as this organization does not recognize 1-credit activity courses. Students are not eligible for HKIN 201 or 202 if one of HKIN 103 or 107 has already been taken.

## 4. Human Kinetics Field Placement Requirements (3 s.h. \*)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	HKIN _____				HKIN _____		
	HKIN _____				HKIN _____		
	HKIN _____			<b>*Select from HKIN 355, 455, 456, 457, 458.</b>			

Strength & Conditioning Specialization students choose HKIN 452. Students seeking BC Kinesiology Association membership choose HKIN 450 or 472.

## 5. Ancillary Requirements (12 - 13 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	BIOL 241	3			BIOL 242	3	
	_____	3	Choose from STAT 102 or PSYC 207.		_____	3	Select 3 s.h. from: CHEM 101*, 103/104** or CHEM 111, 112**; BIOL 103/104* or 113/ 114**; 223, 340, 343, 345, 440, or PHYS 111, 112 <sup>3</sup> , or PSYC 215.

\*BIOL 103/104 and CHEM 101 are for non-science majors.

\*\*BIOL 113/114, CHEM 103/111 and CHEM 104/112 each have a co-requisite 1-credit lab which will contribute to elective credits.

<sup>3</sup>Students looking to apply to Physiotherapy at UBC must have a university Physics class or Physics 12.

Continued on next page.

April 2024

## 6. Elective Courses (6 - 7 s.h.)

Students are encouraged, but not required, to take elective classes that contribute to a concentration or a minor. If you choose to take a concentration or a minor, please attach the appropriate concentration/minor checklist available at [twu.ca/advising](http://twu.ca/advising). **Students seeking BC Kinesiology Association membership will need HKIN courses for their electives.**

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES

### NOTES:

- If choosing HKIN 280, ensure that you will be able to reach 42 s.h. of upper-level credit in your entire program.
- Students interested in qualifying for BC Association of Kinesiologist Certification must have a minimum grade of 60% in HKIN and Science courses.
- The BC Association of Kinesiologists may change their course requirements for registration at any time. The School of Human Kinetics cannot guarantee that this checklist will meet their latest registration requirements.
- A total of 122 s.h. of credit, including a minimum of 42 s.h. of upper-level credit (24 s.h. in the major) is required to complete this degree. Students must have a minimum overall (cumulative) GPA of 2.0 to graduate. Students seeking BC Kinesiology Association membership must complete a total of 30 courses in HKIN or Science, which may result in more than the 122 s.h. of credit required for graduation.
- You must complete an [Application for Graduation](#) via the Student Portal and [submit a copy of your filled in program checklist\(s\)](#) (i.e. this document) to the Office of the Registrar by April 30 of the year prior to your completion. For more information on the graduation process, please visit [twu.ca/graduation](http://twu.ca/graduation).

*This program is offered under TWU's exempt status with the Degree Quality Assessment Board.*

THIS CHECKLIST IS INTENDED TO ASSIST STUDENTS AND ADVISORS IN ENSURING THAT ALL REQUIREMENTS ARE MET. IT IS THE RESPONSIBILITY OF THE **STUDENT** TO MEET ALL REQUIREMENTS.

		YEAR 1	
✓	s.h.	Fall	
	3	FNDN 101	
	3	RELS 110	
	3	ENGL <sup>1</sup>	
	3	Core <sup>2</sup>	
	3	HKIN 191 <sup>3</sup>	
	1	HKIN 195	
Semester Total: 16			

		YEAR 2	
✓	s.h.	Fall	
	3	RELS 112	
	3	HKIN 276	
	3	HKIN 292	
	3	HKIN 298 <sup>3</sup>	
	3	BIOL 241	
	1	HKIN 103 or 107 <sup>5</sup>	
Semester Total: 16			

		YEAR 3	
✓	s.h.	Fall	
	3	Core <sup>2,7</sup>	
	3	HKIN 325	
	3	HKIN 340 <sup>3</sup>	
	3	HKIN 372	
	3	STAT 102 or PSYC 207	
	1-2	Field <sup>8</sup>	
Semester Total: 16 - 17			

		YEAR 4	
✓	s.h.	Fall	
	3	HKIN 303	
	3	HKIN 420	
	3	HKIN 470	
	3	Theory <sup>10</sup>	
	1 - 2	Field <sup>8</sup>	
Semester Total: 13 - 14			

		YEAR 1	
✓	s.h.	Spring	
	3	FNDN 102	
	3	RELS 111	
	3	ENGL <sup>1</sup>	
	3	Core <sup>2</sup>	
	3	HKIN 201 or 202 <sup>4</sup>	
Semester Total: 15			

		YEAR 2	
✓	s.h.	Spring	
	3	FNDN 201	
	3	Core <sup>2</sup>	
	3	HKIN 260 <sup>3</sup>	
	3	HKIN 277	
	3	BIOL 242	
	1	HKIN <sup>6</sup>	
Semester Total: 16			

		YEAR 3	
✓	s.h.	Spring	
	3	Core <sup>2,7</sup>	
	3	HKIN 372	
	3	HKIN 375	
	3	HKIN 465	
	3	Theory <sup>9</sup>	
	1 - 2	Field <sup>8</sup>	
Semester Total: 16 - 17			

		YEAR 4	
✓	s.h.	Spring	
	3	Core <sup>2</sup>	
	3	HKIN 492	
	3	HKIN 475	
	3	HKIN 495	
	3	Elective or Theory <sup>9</sup>	
	1	HKIN <sup>5</sup>	
Semester Total: 13			

## COURSE LEGEND

### Core Courses

- Choose from: ENGL 101, 102, 103, 104.
- Core electives should be chosen as follows:
  - ONE Logical & Ethical Reasoning
  - ONE Aesthetic and Performance Inquiry
  - ONE Cultural & Linguistic Inquiry
  - ONE Historical & Archival Inquiry
  - ONE Social & Global Inquiry

### Major Courses

- This course is offered in both the fall and spring semesters.
- HKIN 202 is women's only.
- HKIN Theory: choose from 280, 400, 440, 446 (choose 446 for physio and occupational therapy)
- HKIN Theory: choose from 400 or 453. If you have already completed your HKIN Theory Option, take an elective course here instead.

### Major + Core Courses

- Only take HKIN 103 or 107 if not taking HKIN 201 or 202
- Only if not taking HKIN 201 or 202
- HKIN Field Placement: 252, 355, 450, 452, 455, 456, 457, 458, or 472 – note 1, 2 or 3 credit options.

### Ancillary Courses

### Ancillary + Core Courses

- Science Ancillary Course or Core Requirement Course

### Electives

Summer Sessions are encouraged to reduce semester load and/or repeat courses.

*This is an example of what a 4-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.*

		YEAR 1		YEAR 2		YEAR 3		YEAR 4		YEAR 5	
✓	s.h.	Fall	Fall	Fall	Fall	Fall	Fall	Fall	Fall	Fall	Fall
	3	FNDN 101	RELS 112	Core <sup>2</sup>	STAT 102	HKIN 303					
	3	RELS 110	HKIN 292	Core <sup>2</sup>	HKIN 325	HKIN 470					
	3	ENGL <sup>1</sup>	HKIN 298 <sup>3</sup>	HKIN 276	HKIN 372	Elective					
	3	Core <sup>2</sup>	BIOL 241	Science <sup>5</sup>	HKIN 420	Theory <sup>10</sup> or Elective					
	1	HKIN 195		HKIN 103 or 107 <sup>6</sup>	1 - 2	Field <sup>8</sup>					
Semester Total: 13		Semester Total: 12		Semester Total: 15		Semester Total: 13 - 14		Semester Total: 13 - 14		Semester Total: 13 - 14	
		YEAR 1		YEAR 2		YEAR 3		YEAR 4		YEAR 5	
✓	s.h.	Spring	Spring	Spring	Spring	Spring	Spring	Spring	Spring	Spring	Spring
	3	FNDN 102	FNDN 201	Core <sup>2</sup>	HKIN 465	HKIN 492					
	3	RELS 111	HKIN 277	Core <sup>2</sup>	HKIN 375	HKIN 495					
	3	ENGL <sup>1</sup>	HKIN 201 <sup>3</sup> or 202 <sup>3,4</sup>	HKIN 340 <sup>3</sup>	HKIN 351 <sup>3</sup>	Theory <sup>10</sup> or Elective					
	3	HKIN 191 <sup>3</sup>	BIOL 242	HKIN 260 <sup>3</sup>	Theory <sup>9</sup>	HKIN 475					
				1	1 - 2	Field <sup>8</sup>					
				1		HKIN					
						Activity <sup>7</sup>					
Semester Total: 12		Semester Total: 12		Semester Total: 14		Semester Total: 13 - 14		Semester Total: 14		Semester Total: 14	

## COURSE LEGEND

- Core Courses**
  - Choose from: ENGL 101, 102, 103, 104.
  - Core electives should be chosen as follows:
    - ONE Logical & Ethical Reasoning
    - ONE Aesthetic and Performance Inquiry
    - ONE Cultural & Linguistic Inquiry
    - ONE Historical & Archival Inquiry
    - ONE Social & Global Inquiry
- Major Courses**
  - This course is offered in both the fall and spring semesters.
  - HKIN 202 is women's only.
  - Theory: choose from HKIN 280, 400, 440, 446 (choose 446 for physio and occupational therapy)
  - Theory: choose from HKIN 400 or 453.
- Major + Core Courses**
  - Only take HKIN 103 or 107 if not taking HKIN 201 or 202.
  - Only if not taking HKIN 201 or 202.
  - HKIN Field Placement: 252, 355, 450, 452, 454, 455, 456, 457, 458, or 472 – note 1,
- Ancillary Courses**
  - Science Ancillary Course
- Ancillary + Core Courses**
- Electives**

*Summer Sessions are encouraged to reduce semester load and/or repeat courses.*

*This is an example of what a 5-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.*