

Student Name: _____ ID # _____

Advisor Name: _____ Anticipated Graduation Date: _____

HISTORY HONOURS CHECKLIST (134 s.h.)

2025-26 Academic Calendar

1. Inquiry: Ways of Knowing – Core Requirements (37 s.h.*)

**University Core Requirements are modified for students who transfer in with 57 s.h. or more of initial transfer credit. See [Academic Calendar](#) for details.*

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
FOUNDATIONAL INQUIRIES (28 sem. hrs.)				Academic Writing Requirement ¹			
Academic Research & Writing				WAYS OF KNOWING (9 sem. hrs.)			
	ENGL _____	3	Choose two of ENGL 101, 102, 103, 104.	In addition to the courses on the left, students must take an additional 9 sem. hrs. from each of the following categories, <i>all of which must be from outside of the student's major.</i>			
	ENGL _____	3					
Foundations				Aesthetic & Performance Inquiry			
	FNDN 101	1	Compulsory during the first semester of the first year for all new students unless they have a minimum 24 sem. hrs. initial transfer credit.			3	Choose 3 sem. hrs. from the Aesthetic & Performance Inquiry category below.
	FNDN 102	3	Normally taken before year three.	Cultural & Linguistic Inquiry			
	FNDN 201	3			**	**	Satisfied by HIST 237.
Logical & Ethical Reasoning				Experiential & Embodied Inquiry			
	PHIL _____	3	Choose one of PHIL 100, 103, 105, 106, 109, or 210.		**	**	Satisfied by HIST 315.
Religious & Spiritual Thought				Historical & Archival Inquiry			
	RELS _____	3	Choose RELS 110 or 160. Recommended in 1st semester of the 1st year.		**	**	Satisfied by HIST 107 or 108.
	RELS 111	3		Quantitative & Computational Inquiry			
	RELS 112	3				3	Choose 3 sem. hrs. from the Quantitative & Computational Inquiry category below.
Scientific Method & Lab Research				Social & Global Inquiry			
		3	Choose one of BIOL 103, 104, 113/198, 114/199, 216, 241, 262; CHEM 101, 103/198, 111/198; GENV 109, 121, 262; GEOL 109; PHYS 111.			3	Choose 3 sem. hrs. from the Social & Global Inquiry category below.

¹**Academic Writing Requirement:** students must take WRTG 100 (native English speakers) or WRTG 101 (non-native English speakers) in their first semester at TWU, unless exempt at the time of admission to the University. WRTG course credit may be included toward a degree program as elective credit.

Ways of Knowing: Categories

Aesthetic & Performance Inquiry	ART 181, 182, 230, 250, 280; ENGL 207, 208, 310; HKIN 342; MCOM 211, 221, 231, 369; MUSI 110; PHIL 370; SAMC 111, 370; THTR 130, 161; any Music Ensembles; any Music (MUSA) Private Lessons.
Quantitative & Computational Inquiry	BUSI 176, 275; CHEM 104, 112; CMPT 140; DATA 100; ECON 176, 275; GENV 282, 382, 383; MATH 102, 108, 123, 150, 190, 191; PHYS 112; PSYC 207; SOCI 207; SOCS 305, 383, STAT 102, 108.
Social & Global Inquiry	ANTH 101, 302; BUSI 311; ECON 311, 354; EDUC 345, 365; ENGL 348; GENV 111, 212, 322, 354; HKIN 325; LING 101, 210, 302; MCOM 111, 171, 251, 313, 315, 317, 372, 491; NURS 227; PHIL 208, 220, 310, 320; POLS 101, 211, 310, 312, 320, 493; PSYC 399; RELS 271, 272, 285, 381, 384, 386, 476; SOCI 101; THTR 348.

2. Required History Courses (48 s.h.) *Minimum 36 s.h. must be upper-level credit.*

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	HIST 107	3			HIST _____	3	Ideas: Religion, Law & Politics Select at least 2 courses from HIST 308, 321, 334, 352, 355, 361, 362, 339, 391, 435.
	HIST 108	3			HIST _____	3	
	HIST 135	3			HIST _____	3	Structures: Globalization, Colonialism, & Localism Select at least 2 courses from HIST 307, 312, 324, 367, 371, 372, 392, 403, 409.
	HIST 237	3			HIST _____	3	
	HIST 310	3			HIST _____	3	Possibilities: Peace, Justice, and Reconciliation Select at least 2 courses from HIST 309, 332, 340, 377, 381, 382, 406, 440.
	HIST 411	3			HIST _____	3	
	HIST 497	3	Honours Thesis I		HIST _____	3	Program Electives: Choose additional courses from the categories above, or HIST 315 or 316.
	HIST 498	3	Honours Thesis II		HIST _____	3	

3. Ancillary Requirements (6 s.h.)

6 s.h. of an approved language other than English.

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	_____	3			_____	3	

4. Elective Courses (43 s.h.)

Students are encouraged, but not required, to take elective classes that contribute to a concentration or a minor. If you choose to take a concentration or a minor, please attach the appropriate concentration/minor checklist available at twu.ca/advising.

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES







NOTES:

- A total of 134 s.h. of credit, including a minimum of 54 s.h. of upper-level credit (36 s.h. in the major) is required to complete this degree. Students must have a minimum overall (cumulative) GPA of 3.0 in all History courses throughout the duration of the program, as well as an overall (cumulative) GPA of 3.0 to graduate.
- You must complete an [Application for Graduation](#) via the Student Portal and [submit a copy of your filled in program checklist\(s\)](#) (i.e. this document) to the Office of the Registrar by April 30 of the year prior to your completion. For more information on the graduation process, please visit twu.ca/graduation.

This program is offered under TWU's exempt status with the Degree Quality Assessment Board.

THIS CHECKLIST IS INTENDED TO ASSIST STUDENTS AND ADVISORS IN ENSURING THAT ALL REQUIREMENTS ARE MET. IT IS THE RESPONSIBILITY OF THE **STUDENT** TO MEET ALL REQUIREMENTS.

YEAR 1			YEAR 2			YEAR 3			YEAR 4		
✓	s.h.	Fall	✓	s.h.	Fall	✓	s.h.	Fall	✓	s.h.	Fall
	1	FNDN 101		3	FNDN 201		3	SOCS 305		3	HIST ⁵
	3	ENGL ¹		3	RELS 112		3	HIST ⁵		3	HIST ⁵
	3	RELS 110 or 160		3	HIST ⁴		3	HIST ⁵		3	HIST 497
	3	PHIL ²		3	HIST ⁶		3	HIST ⁵		9	Electives
	3	ANTH, POLS, or SOCI 101		3	Elective		3	Language ⁷		1	Elective
	3	HIST ⁶					3	Elective			
Semester Total: 16			Semester Total: 15			Semester Total: 18			Semester Total: 19		
YEAR 1			YEAR 2			YEAR 3			YEAR 4		
✓	s.h.	Spring	✓	s.h.	Spring	✓	s.h.	Spring	✓	s.h.	Spring
	3	FNDN 102		3	Core ³		3	HIST ⁴		3	HIST ⁵
	3	ENGL ¹		3	HIST ⁴		3	HIST ⁴		3	HIST ⁵
	3	RELS 111		3	HIST 237		3	HIST ⁴		3	HIST 498
	3	GENV 121		6	Electives		3	Language ⁷		9	Electives
	3	HIST ⁶					3	Elective			
Semester Total: 15			Semester Total: 15			Semester Total: 15			Semester Total: 18		

COURSE LEGEND	
	Core Courses
1. Choose from: ENGL 101, 102, 103, or 104 . 2. Choose from: PHIL 100, 103, 105, 106, 109, or 210. 3. One Core elective should be chosen from the Aesthetic & Performance Inquiry category.	
	Major Courses
4. Choose a 300-level HIST course. 5. Choose a 300- or 400-level HIST course *Note: HIST 411 must be taken in semester 6 or 8, and HIST 315 must be taken in semester 7 or 8.	
	Major + Core Courses
6. Choose from: HIST 107, 108, or 135	
	Ancillary Courses
7. Choose a total of 6 s.h. in any language offering other than English.	
	Ancillary + Core Courses
	Electives
Summer Sessions are encouraged to reduce semester load and/or repeat courses.	

This is an example of what a 4-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.