

Student Name: _____ ID # _____

Advisor Name: _____ Anticipated Graduation Date: _____

PSYCHOLOGY MAJOR with HUMAN SERVICES CERTIFICATE CHECKLIST (122 s.h.) 2025-26 Academic Calendar

1. Inquiry: Ways of Knowing – Core Requirements (37 s.h.*)

**University Core Requirements are modified for students who transfer in with 57 s.h. or more of initial transfer credit. See [Academic Calendar](#) for details.*

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
FOUNDATIONAL INQUIRIES (28 sem. hrs.)				Academic Writing Requirement ¹			
Academic Research & Writing				WAYS OF KNOWING (9 sem. hrs.)			
	ENGL _____	3	Choose two of ENGL 101, 102, 103, 104.	In addition to the courses on the left, students must take an additional 9 sem. hrs. from each of the following categories, <i>all of which must be from outside of the student's major.</i>			
	ENGL _____	3					
Foundations				Aesthetic & Performance Inquiry			
	FNDN 101	1	Compulsory during the first semester of the first year for all new students unless they have a minimum 24 sem. hrs. initial transfer credit.			3	Choose 3 sem. hrs. from the Aesthetic & Performance Inquiry category below.
	FNDN 102	3	Normally taken before year three.	Cultural & Linguistic Inquiry			
	FNDN 201	3				3	Choose 3 sem. hrs. from the Cultural & Linguistic Inquiry category below.
Logical & Ethical Reasoning				Experiential & Embodied Inquiry			
	PHIL _____	3	Choose one of PHIL 100, 103, 105, 106, 109, or 210.			3	Choose 3 sem. hrs. from the Experiential & Embodied Inquiry category below.
Religious & Spiritual Thought				Historical & Archival Inquiry			
	RELS _____	3	Choose RELS 110 or 160. Recommended in 1st semester of the 1st year.		**	**	Satisfied by PSYC 408.
	RELS 111	3		Quantitative & Computational Inquiry			
	RELS 112	3			**	**	Satisfied by PSYC 207.
Scientific Method & Lab Research				Social & Global Inquiry			
		3	Choose one of BIOL 103, 104, 113/198, 114/199, 216, 241, 262; CHEM 101, 103/198, 111/198; GENV 109, 121, 262; GEOL 109; PHYS 111.		**	**	Satisfied by SOCI 101.

¹**Academic Writing Requirement:** students must take WRTG 100 (native English speakers) or WRTG 101 (non-native English speakers) in their first semester at TWU, unless exempt at the time of admission to the University. WRTG course credit may be included toward a degree program as elective credit.

Ways of Knowing: Categories

Aesthetic & Performance Inquiry	ART 181, 182, 230, 250, 280; ENGL 207, 208, 310; HKIN 342; MCOM 211, 221, 231, 369; MUSI 110; PHIL 370; SAMC 111, 370; THTR 130, 161; any Music Ensembles; any Music (MUSA) Private Lessons.
Cultural & Linguistic Inquiry	ANTH 210, 395; EDUC 496; ENGL 334, 340, 482; GREE 235; HEBR 245; HIST 237; IDIS 201; POLS 237; RELS 235, 245; SOCI 395; any World Languages & Cultures course (CHIN, FREN, JAPA, RUSS, SPAN).
Experiential & Embodied Inquiry	ART 305, 306, 307; BIOL 316, 318, 362, 364, 409, 410; BIOT 200, 300, 400, 409, 410; BUSI 395, 396, 49x; CHEM 409, 410; CMPT 409, 410; EDUC 302, 303, 402, 403; GENV 131, 316, 318, 372, 373, 374, 375, 409, 410; HIST 310, 315, 316; HKIN 201, 202, 216, 235, 266, 336, 355, 455, 456, 457, 458, 459, 460; LING 398, 399; MATH 409, 410; MCOM 281, 391, 392, 393; NURS 213; POLS 395, 396; PSYC 322, 497, 498; SOCI 320, 411, 420; THTR 101, 102, 151, 152, 153, 154, 175, 210, 301, 302, 351, 352, 353, 354; any 1 sem. hr. HKIN Activity course; any Travel Study; any CCCU Global Ed course; any Au Sable course.

March 2025

2. Required Psychology Courses (27 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	PSYC 105	3			PSYC _____	3	Choose three of: PSYC 204, 215, 226, 254
	PSYC 106	3			PSYC _____	3	
	PSYC 201	3			PSYC _____	3	
	PSYC 207	3			PSYC _____	3	Choose from PSYC 320, 322, or 385
	PSYC 408	3					

3. Elective Psychology Courses (18 s.h.*)

*All courses must be 300- or 400-level

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	PSYC _____	3			PSYC _____	3	
	PSYC _____	3			PSYC _____	3	
	PSYC _____	3			PSYC _____	3	

May be chosen from: PSYC 301, 305, 309, 310, 315, 320, 322, 326, 331, 335, 339, 340, 342, 345, 354, 356, 360, 382, 384, 385, 390, 412, 415, 416, 420, 431, 440, 471, 497, 498.

4. Human Services Certificate (30 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	SOCI 101	3			SOCI 420	3	
	SOCI 201	3			SOCI _____	3	
	SOCI 320	3			SOCI _____	3	
	SOCI 400	3			SOCI _____	3	
	SOCI 411	3			SOCI _____	3	

5. Elective Courses (10 s.h.)

Students are encouraged, but not required, to take elective classes that contribute to a concentration or a minor. If you choose to take a concentration or a minor, please attach the appropriate concentration/minor checklist available at twu.ca/advising.

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES

NOTES:

- A total of 122 s.h. of credit, including a minimum of 42 s.h. of upper-level credit (24 s.h. in the major) is required to complete this degree. Students must have a minimum overall (cumulative) GPA of 2.0 to graduate.
- You must complete an [Application for Graduation](#) via the Student Portal and [submit a copy of your filled in program checklist\(s\)](#) (i.e. this document) to the Office of the Registrar by April 30 of the year prior to your completion. For more information on the graduation process, please visit twu.ca/graduation.

This program is offered under TWU's exempt status with the Degree Quality Assessment Board.

THIS CHECKLIST IS INTENDED TO ASSIST STUDENTS AND ADVISORS IN ENSURING THAT ALL REQUIREMENTS ARE MET. IT IS THE RESPONSIBILITY OF THE **STUDENT** TO MEET ALL REQUIREMENTS.

YEAR 1			YEAR 2			YEAR 3			YEAR 4		
✓	s.h.	Fall	✓	s.h.	Fall	✓	s.h.	Fall	✓	s.h.	Fall
	1	FNDN 101		3	FNDN 201		3	Core ¹		3	Core ¹
	3	RELS 110 or 160		3	SOCI 201		3	Core ¹		3	PSYC ⁵
	3	ENGL 101 or 103		3	PSYC 201 or 207		3	SOCI 320		3	PSYC ⁵
	3	Core ¹		3	PSYC ⁴		3	SOCI ⁷		3	PSYC ⁵
	3	SOCI 101		3	PSYC ⁴		3	PSYC ⁵		3	Elective
	3	PSYC 105 ³					1	Elective			
Semester Total: 16			Semester Total: 15			Semester Total: 16			Semester Total: 15		
YEAR 1			YEAR 2			YEAR 3			YEAR 4		
✓	s.h.	Spring	✓	s.h.	Spring	✓	s.h.	Spring	✓	s.h.	Spring
	3	FNDN 102		3	RELS 111 or 112		3	SOCI 411		3	SOCI 400
	3	RELS 111 or 112		3	SOCI ⁷		3	SOCI ⁷		3	SOCI 420
	3	ENGL 102 or 104		3	PSYC ⁴		3	SOCI ⁷		3	PSYC ⁵
	3	PHIL ²		3	PSYC 201 or 207		3	PSYC ⁵		3	PSYC 408
	3	PSYC 106 ³		3	Elective		3	PSYC ⁶		3	Elective
Semester Total: 15			Semester Total: 15			Semester Total: 15			Semester Total: 15		

COURSE LEGEND

Core Courses

- Core electives should be chosen as follows (four courses total):
ONE Scientific Method & Lab Research
ONE Aesthetic & Performance Inquiry
ONE Cultural & Linguistic Inquiry
ONE Experiential & Embodied Inquiry
- Choose from PHIL 100, 103, 105, 106, 109, or 210.

Major Courses

- PSYC 105 & 106 can be taken in any order.
- Choose three of: PSYC 204, 215, 226, 254. Note: 215 is recommended, and is normally offered both semesters.
- Choose six of: PSYC 301, 305, 309, 310, 315, 320, 322, 331, 335, 339, 340, 342, 356, 360, 382, 384, 390, 399, 412, 415, 416, 420, 431, 440, 470, 471.
- Choose one of: PSYC 320, 322, 385

Major + Core Courses

Ancillary Courses

- Choose a total of four courses from any SOCI offering.

Ancillary + Core Courses

Electives

Summer Sessions are encouraged to reduce semester load and/or retake courses.

This is an example of what a 4-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.