

Student Name: \_\_\_\_\_ ID # \_\_\_\_\_

Advisor Name: \_\_\_\_\_ Anticipated Graduation Date: \_\_\_\_\_

## PSYCHOLOGY MAJOR CHECKLIST (122 s.h.)

### 2025-26 Academic Calendar

#### 1. Inquiry: Ways of Knowing – Core Requirements (37 s.h.\*)

*\*University Core Requirements are modified for students who transfer in with 57 s.h. or more of initial transfer credit. See [Academic Calendar](#) for details.*

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
FOUNDATIONAL INQUIRIES (28 sem. hrs.)				Academic Writing Requirement <sup>1</sup>			
Academic Research & Writing				WAYS OF KNOWING (40 sem. hrs.)			
	ENGL _____	3	Choose two of: ENGL 101, 102, 103, 104.	In addition to the courses on the left, students must take an additional 12 sem. hrs. from each of the following categories, 9 s.h. of which must be from outside of the student's major.			
	ENGL _____	3					
Foundations				Aesthetic & Performance Inquiry			
	FNDN 101	1	Compulsory during the first semester of the first year for all new students unless they have a minimum 24 sem. hrs. initial transfer credit.			3	Choose 3 sem. hrs. from the Aesthetic & Performance Inquiry category below.
	FNDN 102	3	Normally taken before year three.	Cultural & Linguistic Inquiry			
	FNDN 201	3				3	Choose 3 sem. hrs. from the Cultural & Linguistic Inquiry category below.
Logical & Ethical Reasoning				Experiential & Embodied Inquiry			
	PHIL _____	3	Choose one of: PHIL 100, 103, 105, 106, 109, or 210.			3	Choose 3 sem. hrs. from the Experiential & Embodied category below.
Religious & Spiritual Thought				Historical & Archival Inquiry			
	RELS _____	3	Choose RELS 110 or 160. Recommended in 1st semester of the 1st year.		**	**	Satisfied by PSYC 408.
	RELS 111	3		Quantitative & Computational Inquiry			
	RELS 112	3			**	**	Satisfied by PSYC 207.
Scientific Method & Lab Research				Social & Global Inquiry			
		3	Choose one of BIOL 103, 104, 113/198, 114/199, 216, 241, 262; CHEM 101, 103/198, 111/198; GENV 109, 121, 262; GEOL 109; PHYS 111.			3	Choose 3 sem. hrs. from the Social & Global Inquiry category below.

<sup>1</sup>**Academic Writing Requirement:** students must take WRTG 100 (native English speakers) or WRTG 101 (non-native English speakers) in their first semester at TWU, unless exempt at the time of admission to the University. WRTG course credit may be included toward a degree program as elective credit.

#### Ways of Knowing: Categories

<b>Aesthetic &amp; Performance Inquiry</b>	ART 181, 182, 230, 250, 280; ENGL 207, 208, 310; HKIN 342; MCOM 211, 221, 231, 369; MUSI 110; PHIL 370; SAMC 111, 370; THTR 130, 161; any Music Ensembles; any Music (MUSA) Private Lessons.
<b>Cultural &amp; Linguistic Inquiry</b>	ANTH 210, 395; EDUC 496; ENGL 334, 340, 482; GREE 235; HEBR 245; HIST 237; IDIS 201; POLS 237; RELS 235, 245; SOCI 395; any World Languages & Cultures course (CHIN, FREN, JAPA, RUSS, SPAN).
<b>Experiential &amp; Embodied Inquiry</b>	ART 305, 306, 307; BIOL 316, 318, 362, 364, 409, 410; BIOT 200, 300, 400, 409, 410; BUSI 395, 396, 49x; CHEM 409, 410; CMPT 409, 410; EDUC 302, 303, 402, 403; GENV 131, 316, 318, 372, 373, 374, 375, 409, 410; HIST 310, 315, 316; HKIN 201, 202, 216, 235, 266, 336, 355, 455, 456, 457, 458, 459, 460; LING 398, 399; MATH 409, 410; MCOM 281, 391, 392, 393; NURS 213; POLS 395, 396; PSYC 322, 497, 498; SOCI 320, 411, 420; THTR 101, 102, 151, 152, 153, 154, 175, 210, 301, 302, 351, 352, 353, 354; any 1 sem. hr. HKIN Activity course; any Travel Study; any CCCU Global Ed course; any Au Sable course.
<b>Social &amp; Global Inquiry</b>	ANTH 101, 302; BUSI 311; ECON 311, 354; EDUC 345, 365; ENGL 348; GENV 111, 212, 322, 354; HKIN 325; LING 101, 210, 302; MCOM 111, 171, 251, 313, 315, 317, 372, 491; NURS 227; PHIL 208, 220, 310, 320; POLS 101, 211, 310, 312, 320, 493; PSYC 399; RELS 271, 272, 285, 381, 384, 386, 476; SOCI 101; THTR 348.

## 2. Required Psychology Courses (27 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	PSYC 105	3			PSYC _____	3	Choose three of: PSYC 204, 215, 226, 254
	PSYC 106	3			PSYC _____	3	
	PSYC 201	3			PSYC _____	3	
	PSYC 207	3			PSYC _____	3	Choose from PSYC 320, 322, or 385
	PSYC 408	3					

## 3. Elective Psychology Courses (18 s.h.\*)

\*All courses must be 300- or 400-level

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	PSYC _____	3			PSYC _____	3	
	PSYC _____	3			PSYC _____	3	
	PSYC _____	3			PSYC _____	3	

May be chosen from: PSYC 301, 305, 309, 310, 315, 320, 322, 326, 331, 335, 339, 340, 342, 345, 354, 356, 360, 382, 384, 385, 390, 412, 415, 416, 420, 431, 440, 471, 497, 498.

## 4. Ancillary Social Science Requirements (12 s.h.)

12 s.h. chosen from Anthropology, Communications, Economics, Geography\*, History, Modern Languages, Political Studies, or Sociology.

\*Geography electives may NOT include GEOG 121, 131, or 320.

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
		3				3	
		3				3	

## 5. Elective Courses (25 s.h.)

Students are encouraged, but not required, to take elective classes that contribute to a concentration or a minor. If you choose to take a concentration or a minor, please attach the appropriate concentration/minor checklist available at [twu.ca/advising](http://twu.ca/advising).

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES

### NOTES:

- A total of 122 s.h. of credit, including a minimum of 42 s.h. of upper-level credit (24 s.h. in the major) is required to complete this degree. Students must have a minimum overall (cumulative) GPA of 2.0 to graduate.
- You must complete an [Application for Graduation](#) via the Student Portal and [submit a copy of your filled in program checklist\(s\)](#) (i.e. this document) to the Office of the Registrar by April 30 of the year prior to your completion. For more information on the graduation process, please visit [twu.ca/graduation](http://twu.ca/graduation).

This program is offered under TWU's exempt status with the Degree Quality Assessment Board.

THIS CHECKLIST IS INTENDED TO ASSIST STUDENTS AND ADVISORS IN ENSURING THAT ALL REQUIREMENTS ARE MET. IT IS THE RESPONSIBILITY OF THE **STUDENT** TO MEET ALL REQUIREMENTS.

YEAR 1			YEAR 2			YEAR 3			YEAR 4		
✓	s.h.	Fall	✓	s.h.	Fall	✓	s.h.	Fall	✓	s.h.	Fall
	1	FNDN 101		3	FNDN 201		3	Core <sup>1</sup>		3	Core <sup>1</sup>
	3	RELS 110 or 160		3	Elective <sup>7</sup>		3	Core <sup>1</sup>		3	PSYC <sup>5</sup>
	3	ENGL 103		3	PSYC 201 or 207		3	PSYC <sup>4</sup>		3	PSYC <sup>5</sup>
	3	Core <sup>1</sup>		3	PSYC <sup>3</sup>		3	Elective		3	Elective
	3	Elective <sup>7</sup>		3	PSYC <sup>3</sup>		3	Elective		3	Elective
	3	PSYC 105 <sup>2</sup>					1	Elective			
Semester Total: 16			Semester Total: 15			Semester Total: 16			Semester Total: 15		
YEAR 1			YEAR 2			YEAR 3			YEAR 4		
✓	s.h.	Spring	✓	s.h.	Spring	✓	s.h.	Spring	✓	s.h.	Spring
	3	FNDN 102		3	RELS 112		3	Elective <sup>7</sup>		3	PSYC <sup>5</sup>
	3	RELS 111		3	Core <sup>1</sup>		3	PSYC <sup>5</sup>		3	PSYC <sup>5</sup>
	3	ENGL 104		3	PSYC <sup>3</sup>		3	PSYC <sup>5</sup>		3	PSYC 408 <sup>6</sup>
	3	Elective <sup>7</sup>		3	PSYC 201 or 207		3	Elective		3	Elective
	3	PSYC 106 <sup>2</sup>		3	Elective		3	Elective		3	Elective
Semester Total: 15			Semester Total: 15			Semester Total: 15			Semester Total: 15		

## COURSE LEGEND

### Core Courses

- Core electives should be chosen as follows:  
ONE Scientific Method & Lab Research  
ONE Aesthetic & Performance Inquiry  
ONE Cultural & Linguistic Inquiry  
ONE Experiential & Embodied Inquiry  
ONE Social & Global Inquiry

### Major Courses

- PSYC 105 & 106 can be taken in any order.
- Choose two of: PSYC 204, 215, 226, 254.  
*Note:* 215 is normally offered both semesters.
- Choose one of: PSYC 320, 322, or 385. *Note:* these courses are offered in alternating semesters/years, and students should plan accordingly.
- Choose a total of 18 s.h. from: PSYC 301, 305, 309, 310, 315, 320, 322, 331, 335, 339, 340, 342, 345, 356, 360, 382, 384, 390, 412, 415, 416, 420, 431, 440, 471.

### Major + Core Courses

- PSYC 408 is offered annually, alternating between fall and spring semesters.

### Ancillary Courses

- Choose a total of 12 s.h. from Anthropology, Communications, Economics, Geography, History, Modern Languages, Political Studies, or Sociology. SOCI 101 in Year 1 is recommended.

### Ancillary + Core Courses

### Electives

*Summer Sessions are encouraged to reduce semester load and/or repeat courses.*

*This is an example of what a 4-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.*