

Student Name: \_\_\_\_\_ ID # \_\_\_\_\_

Advisor Name: \_\_\_\_\_ Anticipated Graduation Date: \_\_\_\_\_

## PSYCHOLOGY HONOURS CHECKLIST (134 s.h.) 2026-27 Academic Calendar

### 1. Inquiry: Ways of Knowing – Core Requirements (37 s.h.\*)

*\*University Core Requirements are modified for students who transfer in with 57 s.h. or more of initial transfer credit. See [Academic Calendar](#) for details.*

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
FOUNDATIONAL INQUIRIES (28 sem. hrs.)				Academic Writing Requirement <sup>1</sup>			
<i>Academic Research &amp; Writing</i>				WAYS OF KNOWING (9 sem. hrs.)			
	ENGL _____	3	Choose two of ENGL 101, 102, 103, 104.	In addition to the courses on the left, students must take an additional 9 sem. hrs. from each of the following categories, <i>all of which must be from outside of the student's major.</i>			
	ENGL _____	3					
<i>Foundations</i>				<i>Aesthetic &amp; Performance Inquiry</i>			
	FNDN 101	1	Compulsory during the first semester of the first year for all new students unless they have a minimum 24 sem. hrs. initial transfer credit.			3	Choose 3 sem. hrs. from the Aesthetic & Performance Inquiry category below.
	FNDN 102	3	Normally taken before year three.	<i>Cultural &amp; Linguistic Inquiry</i>			
	FNDN 201	3				3	Choose 3 sem. hrs. from the Cultural & Linguistic Inquiry category below.
<i>Logical &amp; Ethical Reasoning</i>				<i>Experiential &amp; Embodied Inquiry</i>			
	PHIL _____	3	Choose one of PHIL 100, 103, 105, 106, 109, or 210.		**	**	Satisfied by PSYC 322.
<i>Religious &amp; Spiritual Thought</i>				<i>Historical &amp; Archival Inquiry</i>			
	RELS _____	3	Choose RELS 110 or 160. Recommended in 1st semester of the 1st year.		**	**	Satisfied by PSYC 408.
	RELS 111	3		<i>Quantitative &amp; Computational Inquiry</i>			
	RELS 112	3			**	**	Satisfied by PSYC 207.
<i>Scientific Method &amp; Lab Research</i>				<i>Social &amp; Global Inquiry</i>			
		3	Choose one of BIOL 103, 104, 113/198, 114/199, 216, 241, 242, 262; CHEM 101, 103/198, 111/198; GENV 109, 121, 262; GEOL 109; PHYS 111.			3	Choose 3 sem. hrs. from the Social & Global Inquiry category below.

<sup>1</sup>**Academic Writing Requirement:** students must take WRTG 100 (native English speakers) or WRTG 101 (non-native English speakers) in their first semester at TWU, unless exempt at the time of admission to the University. WRTG course credit may be included toward a degree program as elective credit.

### Ways of Knowing: Categories

<b>Aesthetic &amp; Performance Inquiry</b>	ART 181, 182, 230, 250, 280; ENGL 207, 208, 310; HKIN 342; MCOM 211, 221, 231, 369; MUSI 110; PHIL 370; SAMC 111, 370; THTR 130, 161; any Music Ensembles; any Music (MUSA) Private Lessons.
<b>Cultural &amp; Linguistic Inquiry</b>	ANTH 210, 395; EDUC 496; ENGL 334, 340, 482; GREE 235; HEBR 245; HIST 237; IDIS 201; POLS 237; RELS 235, 245; SOCI 395; any World Languages & Cultures course (CHIN, FREN, JAPA, RUSS, SPAN).
<b>Social &amp; Global Inquiry</b>	ANTH 101, 220, 302; BUSI 311; ECON 311, 354; EDUC 345, 365; ENGL 348; GENV 111, 212, 322, 354; HKIN 325; LING 101, 210, 302; MCOM 111, 171, 251, 313, 315, 317, 372, 491; NURS 227; PHIL 208, 220, 310, 320; POLS 101, 211, 310, 312, 320, 493; PSYC 399; RELS 271, 272, 285, 381, 384, 386, 476; SOCI 101, 220; THTR 348.

THIS CHECKLIST IS INTENDED TO ASSIST STUDENTS AND ADVISORS IN ENSURING THAT ALL REQUIREMENTS ARE MET. IT IS THE RESPONSIBILITY OF THE **STUDENT** TO MEET ALL REQUIREMENTS.

## 2. Required Psychology Courses (42 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	PSYC 105	3			PSYC 254	3	
	PSYC 106	3			PSYC 301	3	
	PSYC 201	3			PSYC 305	3	
	PSYC 204	3			PSYC 322	3	
	PSYC 207	3			PSYC 408	3	
	PSYC 215	3			PSYC 497	3	
	PSYC 226	3			PSYC 498	3	

## 3. Elective Psychology Courses (18 s.h. \*)

\*All courses must be 300- or 400-level

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	PSYC _____	3			PSYC _____	3	
	PSYC _____	3			PSYC _____	3	
	PSYC _____	3			PSYC _____	3	

May be chosen from: PSYC 309, 310, 315, 320, 326, 331, 335, 339, 340, 342, 345, 354, 356, 360, 382, 384, 385, 390, 399, 412, 415, 416, 420, 431, 440, 471.

## 4. Ancillary Social Science Requirements (12 s.h.)

12 s.h. chosen from Anthropology, Communications, Economics, Geography\*, History, Modern Languages, Political Studies, or Sociology.

\*Geography electives may NOT include GEOG 121, 131, or 320.

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
		3				3	
		3				3	

## 5. Elective Courses (25 s.h.)

Students are encouraged, but not required, to take elective classes that contribute to a concentration or a minor. If you choose to take a concentration or a minor, please attach the appropriate concentration/minor checklist available at [twu.ca/advising](http://twu.ca/advising).

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES

### NOTES:

- Honours Graduation requirement: A total of at least 134 s.h. of credit, including a minimum of 54 s.h. in the major, a minimum of 54 s.h. of upper-level credit (36 s.h. in the major), and a minimum cumulative GPA of 3.0 overall and in the major.
- You must complete an [Application for Graduation](#) via the Student Portal and [submit a copy of your filled in program checklist\(s\)](#) (i.e. this document) to the Office of the Registrar by June 30 of the year prior to your completion. For more information on the graduation process, please visit [twu.ca/graduation](http://twu.ca/graduation).

*This program is offered under TWU's exempt status with the Degree Quality Assessment Board.*

# B.A. Honours *Psychology* - 4 Year Plan

		YEAR 1
✓	s.h.	Fall
	1	FNDN 101
	3	RELS 110 or 160
	3	ENGL 101 or 103
	3	Core <sup>1</sup>
	3	Elective <sup>6</sup>
	3	PSYC 105 <sup>2</sup>
		Semester Total: 16

		YEAR 2
✓	s.h.	Fall
	3	FNDN 201
	3	Core <sup>1</sup>
	3	Elective <sup>6</sup>
	3	PSYC 201 or 207
	3	PSYC 215
	3	PSYC 226
		Semester Total: 18

		YEAR 3
✓	s.h.	Fall
	3	PHIL
	3	Core <sup>1</sup>
	3	PSYC <sup>3</sup>
	3	PSYC 322 <sup>4</sup>
	3	PSYC 305
	3	Elective
		Semester Total: 18

		YEAR 4
✓	s.h.	Fall
	3	Core <sup>1</sup>
	3	PSYC <sup>3</sup>
	3	PSYC <sup>3</sup>
	3	PSYC 497
	3	Elective
	1	Elective
		Semester Total: 16

		YEAR 1
✓	s.h.	Spring
	3	FNDN 102
	3	RELS 111 or 112
	3	ENGL 102 or 104
	3	Elective <sup>6</sup>
	3	PSYC 106 <sup>2</sup>
		Semester Total: 15

		YEAR 2
✓	s.h.	Spring
	3	RELS 111 or 112
	3	PSYC 201 or 207
	3	PSYC 204
	3	PSYC 254
	3	Elective
	3	Elective
		Semester Total: 18

		YEAR 3
✓	s.h.	Spring
	3	Elective <sup>6</sup>
	3	PSYC 301
	3	PSYC <sup>3</sup>
	3	PSYC <sup>3</sup>
	3	Elective
	3	Elective
		Semester Total: 18

		YEAR 4
✓	s.h.	Spring
	3	PSYC <sup>3</sup>
	3	PSYC 408 <sup>5</sup>
	3	PSYC 498
	3	Elective
	3	Elective
		Semester Total: 15

## COURSE LEGEND

### Core Courses

- Core electives should be chosen as follows (four courses total):  
ONE Scientific Method & Lab Research  
ONE Aesthetic & Performance Inquiry  
ONE Cultural & Linguistic Inquiry  
ONE Social & Global Inquiry

### Major Courses

- PSYC 105 & 106 can be taken in any order.
- Choose a total of 18 s.h. from: PSYC 309, 310, 315, 320, 331, 335, 339, 340, 342, 345, 356, 360, 382, 384, 390, 399, 412, 415, 416, 420, 431, 440, 471.
- PSYC 322 is offered bi-annually; plan accordingly to take as pre-requisite for 497 and 498.
- PSYC 408 is offered annually, alternating between fall and spring semesters.

### Major + Core Courses

### Ancillary Courses

- Choose a total of 12 s.h. from Anthropology, Communications, Economics, Geography, History, Modern Languages, Political Studies, or Sociology. SOCI 101 in Year 1 is recommended.

### Ancillary + Core Courses

### Electives

Students are encouraged to pursue a minor of their choosing.

*Summer Sessions are encouraged, to reduce semester load and/or retake courses.*

*This is an example of what a 4-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.*