

Student Name: _____ ID # _____

Advisor Name: _____ Anticipated Graduation Date: _____

PSYCHOLOGY MAJOR CHECKLIST (122 s.h.) 2026-27 Academic Calendar

1. Inquiry: Ways of Knowing – Core Requirements (40 s.h. *)

**University Core Requirements are modified for students who transfer in with 57 s.h. or more of initial transfer credit. See [Academic Calendar](#) for details.*

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
FOUNDATIONAL INQUIRIES (28 sem. hrs.)				Academic Writing Requirement ¹			
<i>Academic Research & Writing</i>				WAYS OF KNOWING (12 sem. hrs.)			
	ENGL _____	3	Choose two of: ENGL 101, 102, 103, 104.	In addition to the courses on the left, students must take an additional 12 sem. hrs. from each of the following categories, <i>9 s.h. of which must be from outside of the student's major.</i>			
	ENGL _____	3					
<i>Foundations</i>				<i>Aesthetic & Performance Inquiry</i>			
	FNDN 101	1	Compulsory during the first semester of the first year for all new students unless they have a minimum 24 sem. hrs. initial transfer credit.			3	Choose 3 sem. hrs. from the Aesthetic & Performance Inquiry category below.
	FNDN 102	3	Normally taken before year three.	<i>Cultural & Linguistic Inquiry</i>			
	FNDN 201	3				3	Choose 3 sem. hrs. from the Cultural & Linguistic Inquiry category below.
<i>Logical & Ethical Reasoning</i>				<i>Experiential & Embodied Inquiry</i>			
	PHIL _____	3	Choose one of: PHIL 100, 103, 105, 106, 109, or 210.			3	Choose 3 sem. hrs. from the Experiential & Embodied category below.
<i>Religious & Spiritual Thought</i>				<i>Historical & Archival Inquiry</i>			
	RELS _____	3	Choose RELS 110 or 160. Recommended in 1st semester of the 1st year.		**	**	Satisfied by PSYC 408.
	RELS 111	3		<i>Quantitative & Computational Inquiry</i>			
	RELS 112	3			**	**	Satisfied by PSYC 207.
<i>Scientific Method & Lab Research</i>				<i>Social & Global Inquiry</i>			
		3	Choose one of BIOL 103, 104, 113/198, 114/199, 216, 241, 242, 262; CHEM 101, 103/198, 111/198; GENV 109, 121, 262; GEOL 109; PHYS 111.			3	Choose 3 sem. hrs. from the Social & Global Inquiry category below.

¹**Academic Writing Requirement:** students must take WRTG 100 (native English speakers) or WRTG 101 (non-native English speakers) in their first semester at TWU, unless exempt at the time of admission to the University. WRTG course credit may be included toward a degree program as elective credit.

Ways of Knowing: Categories

Aesthetic & Performance Inquiry	ART 181, 182, 230, 250, 280; ENGL 207, 208, 310; HKIN 342; MCOM 211, 221, 231, 369; MUSI 110; PHIL 370; SAMC 111, 370; THTR 130, 161; any Music Ensembles; any Music (MUSA) Private Lessons.
Cultural & Linguistic Inquiry	ANTH 210, 395; EDUC 496; ENGL 334, 340, 482; GREE 235; HEBR 245; HIST 237; IDIS 201; POLS 237; RELS 235, 245; SOCI 395; any World Languages & Cultures course (CHIN, FREN, JAPA, RUSS, SPAN).
Experiential & Embodied Inquiry	ART 305, 306, 307; BIOL 316, 318, 362, 364, 409, 410; BIOT 200, 300, 400, 409, 410; BUSI 395, 396, 49x; CHEM 409, 410; CMPT 409, 410; EDUC 302, 303, 402, 403; GENV 131, 316, 318, 372, 373, 374, 375, 409, 410; HIST 310, 315, 316; HKIN 201, 202, 216, 235, 266, 336, 355, 455, 456, 457, 458, 459, 460; LING 398, 399; MATH 409, 410; MCOM 281, 391, 392, 393; NURS 213; POLS 395, 396; PSYC 322, 497, 498; SOCI 320, 411, 420; THTR 101, 102, 151, 152, 153, 154, 175, 210, 301, 302, 351, 352, 353, 354; any 1 sem. hr. HKIN Activity course; any Travel Study; any CCCU Global Ed course; any Au Sable course.
Social & Global Inquiry	ANTH 101, 220, 302; BUSI 311; ECON 311, 354; EDUC 345, 365; ENGL 348; GENV 111, 212, 322, 354; HKIN 325; LING 101, 210, 302; MCOM 111, 171, 251, 313, 315, 317, 372, 491; NURS 227; PHIL 208, 220, 310, 320; POLS 101, 211, 310, 312, 320, 493; PSYC 399; RELS 271, 272, 285, 381, 384, 386, 476; SOCI 101, 220; THTR 348.

2. Required Psychology Courses (27 s.h.)

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	PSYC 105	3			PSYC _____	3	Choose three of: PSYC 204, 215, 226, 254
	PSYC 106	3			PSYC _____	3	
	PSYC 201	3			PSYC _____	3	
	PSYC 207	3			PSYC _____	3	Choose from PSYC 320, 322, or 385
	PSYC 408	3					

3. Elective Psychology Courses (18 s.h. *)

*All courses must be 300- or 400-level

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
	PSYC _____	3			PSYC _____	3	
	PSYC _____	3			PSYC _____	3	
	PSYC _____	3			PSYC _____	3	

May be chosen from: PSYC 301, 305, 309, 310, 315, 320, 322, 326, 331, 335, 339, 340, 342, 345, 354, 356, 360, 382, 384, 385, 390, 412, 415, 416, 420, 431, 440, 471, 497, 498.

4. Ancillary Social Science Requirements (12 s.h.)

12 s.h. chosen from Anthropology, Communications, Economics, Geography*, History, Modern Languages, Political Studies, or Sociology.

*Geography electives may NOT include GEOG 121, 131, or 320.

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES
		3				3	
		3				3	

5. Elective Courses (25 s.h.)

Students are encouraged, but not required, to take elective classes that contribute to a concentration or a minor. If you choose to take a concentration or a minor, please attach the appropriate concentration/minor checklist available at twu.ca/advising.

✓	COURSE	S.H.	NOTES	✓	COURSE	S.H.	NOTES

NOTES:

- Graduation requirement: A total of at least 122 s.h. of credit, including a minimum of 42 s.h. in the major, a minimum of 42 s.h. of upper-level credit (24 s.h. in the major), and a minimum cumulative GPA of 2.0 overall and in the major.
- You must complete an [Application for Graduation](#) via the Student Portal and [submit a copy of your filled in program checklist\(s\)](#) (i.e. this document) to the Office of the Registrar by June 30 of the year prior to your completion. For more information on the graduation process, please visit twu.ca/graduation.

This program is offered under TWU's exempt status with the Degree Quality Assessment Board.

THIS CHECKLIST IS INTENDED TO ASSIST STUDENTS AND ADVISORS IN ENSURING THAT ALL REQUIREMENTS ARE MET. IT IS THE RESPONSIBILITY OF THE **STUDENT** TO MEET ALL REQUIREMENTS.

B.A. Degree *Psychology* - 4 Year Plan

		YEAR 1
✓	s.h.	Fall
	1	FNDN 101
	3	RELS 110 or 160
	3	ENGL 103
	3	Core ¹
	3	Elective ⁷
	3	PSYC 105 ²
		Semester Total: 16

		YEAR 2
✓	s.h.	Fall
	3	FNDN 201
	3	Elective ⁷
	3	PSYC 201 or 207
	3	PSYC ³
	3	PSYC ³
		Semester Total: 15

		YEAR 3
✓	s.h.	Fall
	3	Core ¹
	3	Core ¹
	3	PSYC ⁴
	3	Elective
	3	Elective
	1	Elective
		Semester Total: 16

		YEAR 4
✓	s.h.	Fall
	3	Core ¹
	3	PSYC ⁵
	3	PSYC ⁵
	3	Elective
	3	Elective
		Semester Total: 15

		YEAR 1
✓	s.h.	Spring
	3	FNDN 102
	3	RELS 111
	3	ENGL 104
	3	Elective ⁷
	3	PSYC 106 ²
		Semester Total: 15

		YEAR 2
✓	s.h.	Spring
	3	RELS 112
	3	Core ¹
	3	PSYC ³
	3	PSYC 201 or 207
	3	Elective
		Semester Total: 15

		YEAR 3
✓	s.h.	Spring
	3	Elective ⁷
	3	PSYC ⁵
	3	PSYC ⁵
	3	Elective
	3	Elective
		Semester Total: 15

		YEAR 4
✓	s.h.	Spring
	3	PSYC ⁵
	3	PSYC ⁵
	3	PSYC 408 ⁶
	3	Elective
	3	Elective
		Semester Total: 15

COURSE LEGEND

Core Courses

- Core electives should be chosen as follows:
ONE Scientific Method & Lab Research
ONE Aesthetic & Performance Inquiry
ONE Cultural & Linguistic Inquiry
ONE Experiential & Embodied Inquiry
ONE Social & Global Inquiry

Major Courses

- PSYC 105 & 106 can be taken in any order.
- Choose two of: PSYC 204, 215, 226, 254.
Note: 215 is normally offered both semesters.
- Choose one of: PSYC 320, 322, or 385. *Note:* these courses are offered in alternating semesters/years, and students should plan accordingly.
- Choose a total of 18 s.h. from: PSYC 301, 305, 309, 310, 315, 320, 322, 331, 335, 339, 340, 342, 345, 356, 360, 382, 384, 390, 412, 415, 416, 420, 431, 440, 471.

Major + Core Courses

- PSYC 408 is offered annually, alternating between fall and spring semesters.

Ancillary Courses

- Choose a total of 12 s.h. from Anthropology, Communications, Economics, Geography, History, Modern Languages, Political Studies, or Sociology. SOCI 101 in Year 1 is recommended.

Ancillary + Core Courses

Electives

Summer Sessions are encouraged to reduce semester load and/or repeat courses.

This is an example of what a 4-year degree plan might look like. It is not the official program checklist. In the case of any discrepancy between this program plan and the checklist, the checklist shall prevail. It is the student's responsibility to ensure they complete all program requirements as laid out in the approved checklist.