SCHOOL OF HUMAN KINETICS

Dr. Blair Whitmarsh, Director

The School of Human Kinetics offers: 1) a Bachelor of Human Kinetics, leading to a B.H.K. degree; 2) a major in Human Kinetics, leading to a B.A. degree; 3) a major in Sport and Leisure Management, leading to a B.A. degree; 4) a concentration in Human Kinetics; 5) a minor in Human Kinetics; 6) a concentration in Recreation; and 7) a minor in Recreation. Students may choose to take the B.H.K. degree in one of five stream options: 1) Kinesiology; 2) Physical Education; 3) Sport and Leisure Management; 4) Recreation; or 5) Generalist.

Trinity Western's Human Kinetics program is designed to give students the necessary theoretical foundations and practical experiences to be successful in teaching, coaching, and other recreational leadership positions.

Human Kinetics specialists will take courses ranging from a basic theoretical study of human physical performance and behaviour such as biomechanics and sport psychology to those courses with a more practical, applied approach such as fitness leadership and coaching development. Students will develop a sound knowledge base as well as relevant planning and organizational skills. They will learn how to help others measure and evaluate their fitness and psychomotor skill levels as well as develop and implement realistic plans for self-improvement.

Human Kinetics students will gain skills in lesson and program planning as well as the communication of sports skills, team concepts, and the need for physical fitness. Sport studies and supervised practica are an essential part of a progressive strategy of leadership education, with compulsory third and fourth year courses involving teaching, coaching, and other leadership experiences.

Trinity Western's programs do more than provide a conceptual knowledge base with complementary practical experiences. Students will gain insight into how human kinetics activities can reflect the Christian life and biblical values. They will experience how team sports can be used not only to improve skills but also as a means to build Christian community. They will learn how human kinetics and recreation relate to the fundamental principles of a balanced, productive, Christ-honouring life. Students will be challenged to model and teach Christian values to others, using current and future leadership positions as opportunities for discipleship and witness.

The School of Human Kinetics also offers students not specializing in Human Kinetics or Recreation a wide variety of courses designed to promote physical health, fitness and wellness, psychomotor skill improvement, and positive attitudes towards a God-pleasing, physically-active lifestyle.

Teacher certification for elementary grades in British Columbia requires 30 sem. hrs. of upper level course work in disciplines designated as suitable background for teaching elementary school subjects. The B.C. College of Teachers allows a maximum of 12 sem. hrs. of upper level course work in each of kinesiology and physical education (a list of which Human Kinetics courses are designated in each category is available from the chair of Human Kinetics). For teacher certification purposes, therefore, students taking a Bachelor of Human Kinetics, a B.Ed., or B.A. with a major in Human Kinetics must take at least 6 sem. hrs. of upper level course work in another approved teaching subject area. Note that BIOL 241, 242, 243, and 244 do not meet the laboratory science requirement for prospective elementary teachers.

For certification in British Columbia, prospective secondary physical education teachers must present a second acceptable teachable subject area (besides physical education). Students must obtain a minimum of 18 sem. hrs. of upper level course work in both Human Kinetics and in their second subject.

To ensure that prospective teachers will meet all graduation and certifications requirements, they are strongly advised to check their proposed program with an advisor in the School of Education.

Bachelor of Human Kinetics
(B.H.K.)

General Graduation Requirements
(See also Academic Information section, particularly for further details on core requirements.)

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Sem. hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human Kinetics</td>
<td>60</td>
</tr>
<tr>
<td>BIOL 241, 242 or 243, 244</td>
<td>6</td>
</tr>
<tr>
<td>ENGL 103, 104</td>
<td>6</td>
</tr>
<tr>
<td>Fine Arts</td>
<td>3</td>
</tr>
<tr>
<td>History</td>
<td>3</td>
</tr>
<tr>
<td>IDIS 102 &amp; 400 or approved alternative</td>
<td>4</td>
</tr>
<tr>
<td>Philosophy</td>
<td>3</td>
</tr>
<tr>
<td>Religious Studies (incl. RELS 101, 102; Bible content; Christianity &amp; Intercultural Studies)</td>
<td>12</td>
</tr>
<tr>
<td>Society &amp; Culture</td>
<td>3</td>
</tr>
<tr>
<td>UNIV 101</td>
<td>1</td>
</tr>
<tr>
<td>Electives</td>
<td>21</td>
</tr>
<tr>
<td>Total</td>
<td>122</td>
</tr>
</tbody>
</table>

Specific B.H.K. Requirements
1. Theory Courses (24 sem. hrs.)
   HKIN 191 Introduction to Fitness and Wellness
   HKIN 195 Foundations of Human Kinetics
2. Stream Options
Along with the above courses students must choose one of the streams listed below:

Stream 1: Kinesiology

i. Specific Theory Requirements (27 sem. hrs.)
HKIN 265 Research and Measurement
HKIN 340 Psychology of Sport and Exercise
HKIN 370 Biomechanics
HKIN 376 Motor Learning, Memory, and Control or
HKIN 420 Sport Nutrition
HKIN 470 Exercise Physiology
HKIN 480 Principles of Advanced Coaching or
HKIN 495 Senior Seminar
Theory Elective 1
Theory Elective 2

ii. Leadership Experiences (3 sem. hrs.)
Select any combination of courses of 1 or 2 sem. hrs. each for a total of 3 sem. hrs. but not to exceed 6 sem. hrs.:
HKIN 355 Core Teaching Experience
HKIN 455 Core Teaching Experience II
HKIN 456 Teaching Experience
HKIN 457 Coaching Experience
HKIN 458 Approved Experience

iii. Psychomotor (6 sem. hrs.)
HKIN 303 Strength Training (2 sem. hrs.)
Psychomotor Elective 1 (2 sem. hrs.)
Psychomotor Elective 2 (2 sem. hrs.)

iv. Ancillary Requirements (15 sem. hrs.)
A statistics course (eg. MATH 102, MATH 310, PSYC 207, BUSI 207, or GEOG 383)
12 sem. hrs. of science: Must cover 2 science disciplines and be selected from the following:
CHEMISTRY: CHEM 103, 104, 111, 112
BIOLOGY: BIOL 103, 104, 113, 114, 346
PHYSICS: PHYS 111, 112

Stream 2: Physical Education

i. Specific Theory Requirements (21 sem. hrs.)
HKIN 260 Physical Growth and Development
HKIN 280 Foundations of Coaching
HKIN 295 Health Education
HKIN 340 Psychology of Sport and Exercise
HKIN 350 Elementary School P.E. (elementary) or
HKIN 360 Instructional Analysis and Design (secondary)

ii. Leadership Experiences (5 sem. hrs.)
Select any combination of courses of 1 or 2 sem. hrs. each for a total of 5 sem. hrs. but not to exceed 7 sem. hrs.
HKIN 355 Core Teaching Experience
HKIN 455 Core Teaching Experience II
HKIN 456 Teaching Experience
HKIN 457 Coaching Experience
HKIN 458 Approved Experience

iii. Psychomotor (10 sem. hrs.)
A. Required Courses
HKIN 130 Aquatics (2 sem. hrs.)
HKIN 131 Track and Field (2 sem. hrs.)

B. Electives (6 sem. hrs.)
i) Select at least one course (2 sem. hrs.)
HKIN 132 Gymnastics
HKIN 342 Creative Movement

ii) Select at least one course (2 sem. hrs.)
HKIN 231 Team Sports
HKIN 232 Individual Sports
HKIN 333 Team Sports II

iii) Select at least one course* (2 sem. hrs.)
HKIN 132 Gymnastics
HKIN 231 Team Sports
HKIN 232 Individual Sports
HKIN 333 Team Sports II

*Course selected in (i) and (ii) may not be selected in (iii).

Stream 3: Sport and Leisure Management

i. Specific Theory Requirements (24 sem. hrs.)
HKIN 451 Sport Governance, Politics, and Law
RECR 201 Fundamentals of Recreation
RECR 320 Management and Facilities
BUSI 111 Introduction to Business and Management
BUSI 221 Principles of Accounting I
BUSI 280 Organizational Behavior
BUSI 331 Basic Marketing
Choose 1 of the following courses:
BUSI 345 Business Law I
BUSI 352 Human Resources Management
BUSI 435 Marketing Management

ii. Leadership Experiences (5 sem. hrs.)
Select any combination of courses of 1 or 2 sem. hrs. each for a total of 5 sem. hrs. but not to exceed 7 sem. hrs.
HKIN 355 Core Teaching Experience
HKIN 455 Core Teaching Experience II
HKIN 456 Teaching Experience
HKIN 457 Coaching Experience
HKIN 458 Approved Experience
iii. Psychomotor (4 sem. hrs.)
Psychomotor Elective 1
Psychomotor Elective 2

iv. HKIN or Theory Elective (3 sem hrs)

Stream 4: Recreation

i. Specific Theory Requirements (18 sem. hrs.)
RECR 210 Fundamentals of Recreation
RECR 220 Camping Administration
RECR 300 Leadership and Planning
RECR 320 Facility Management
RECR 452 Physical Activity for Special Populations
RECR 495 Senior Seminar

ii. Leadership Experiences (5 sem. hrs.)
RECR 450 Field Placement (2)
Approved Leadership Experiences (3)

iii. Psychomotor (13 sem. hrs.)
RECR 210 Social Recreation
RECR 430 Outdoor Education
Psychomotor Elective 1
Psychomotor Elective 2
Psychomotor Elective 3
Choose 3 sem. hrs. of non-physical education specialist recreation courses from HKIN 110, 111, 113, 114, 115, 120, 121, 124, 126, 144, 145.

Stream 5: Generalist

i. Elective Theory Requirements (21-27 sem. hrs.)
Students may choose any HKIN theory course that is not a specific BHK requirement or one that they have not previously taken. Students must also take BIOL 241 and 242.

ii. Leadership Experiences (3-6 sem. hrs.)
Select any combination of courses of 1 or 2 sem. hrs. each for a total of 3 sem. hrs. but not to exceed 6 sem. hrs.: HKIN 355 Core Teaching Experience
HKIN 455 Core Teaching Experience II
HKIN 456 Teaching Experience
HKIN 457 Coaching Experience
HKIN 458 Approved Experience

iii. Psychomotor (6-10 sem. hrs.)
Choose from: HKIN 130 Aquatics
HKIN 131 Track and Field
HKIN 132 Gymnastics
HKIN 231 Team Sports
HKIN 232 Individual Sports
HKIN 303 Strength Training
HKIN 333 Team Sports II
HKIN 342 Creative Movement
HKIN 430 Outdoor Education

3. Theory Electives (3 sem. hrs. each)
These courses may be used to fulfill theory elective choices in any of the four streams.
HKIN 280 Foundation of Coaching
HKIN 295 Health Education
HKIN 340 Psychology of Sport and Exercise
HKIN 350 Elementary School Human Kinetics
HKIN 360 Instructional Analysis and Design
HKIN 370 Biomechanics
HKIN 376 Motor Learning, Memory and Control
HKIN 385 Analysis of Sport Skills
HKIN 420 Sports Nutrition
HKIN 440 Application of Applied Mental Skills
HKIN 453 Physical Activity for Special Populations
HKIN 470 Exercise Physiology
HKIN 480 Principles of Advanced Coaching
HKIN 495 Senior Seminar
HKIN 499 Graduating Thesis (directed study)

4. Psychomotor Electives (2 sem. hrs. each)
These courses may be used to fulfill psychomotor elective choices in any of the four streams.
HKIN 130 Aquatics
HKIN 131 Track and Field
HKIN 132 Gymnastics
HKIN 231 Team Sports
HKIN 232 Individual Sports
HKIN 302 Strength Training
HKIN 333 Team Sports II
HKIN 342 Creative Movement
HKIN 430 Outdoor Education

5. Scripture Log Book
Majors are required to complete a Scripture log book pertaining to human kinetics and sport.

6. Current CPR Certification

7. Provincial/National Certification
Students should consult the HKIN Program Planning Guide for additional information.

Note: One sem. hr. Sport Education or Recreation courses do not count toward the Human Kinetics requirement in the B.H.K degree. (Exception is made for the Recreation stream in the B.H.K.)

Major in Human Kinetics, B.A. Degree

General Graduation Requirements
(See also Academic Information section, particularly for further details on core requirements.)
Specific Requirements

1a. Theory Requirements (18 sem. hrs.)

<table>
<thead>
<tr>
<th>Course</th>
<th>Sem. hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>HKIN 191</td>
<td>Introduction to Fitness and Wellness</td>
</tr>
<tr>
<td>HKIN 195</td>
<td>Foundations of Human Kinetics</td>
</tr>
<tr>
<td>HKIN 198</td>
<td>Scientific Basis of Human Movement</td>
</tr>
<tr>
<td>HKIN 351</td>
<td>Leadership and Planning in Human Kinetics</td>
</tr>
<tr>
<td>HKIN 372</td>
<td>Athletic Injuries</td>
</tr>
<tr>
<td>HKIN 490</td>
<td>Philosophy and Applied Ethics of Human Kinetics and Recreation</td>
</tr>
</tbody>
</table>

1b. Theory Electives (must choose minimum 6 sem. hrs. from list below)

<table>
<thead>
<tr>
<th>Course</th>
<th>Sem. hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>HKIN 260</td>
<td>Physical Growth and Development</td>
</tr>
<tr>
<td>HKIN 265</td>
<td>Research and Measurement</td>
</tr>
<tr>
<td>HKIN 280</td>
<td>Foundations of Coaching</td>
</tr>
<tr>
<td>HKIN 295</td>
<td>Health Education</td>
</tr>
<tr>
<td>HKIN 325</td>
<td>Sociocultural Aspects of Sport and Leisure</td>
</tr>
<tr>
<td>HKIN 340</td>
<td>Psychology of Sport and Exercise</td>
</tr>
<tr>
<td>HKIN 350</td>
<td>Elementary School Human Kinetics</td>
</tr>
<tr>
<td>HKIN 360</td>
<td>Instructional Analysis and Design</td>
</tr>
<tr>
<td>HKIN 365</td>
<td>Technological Applications in Human Kinetics and Recreation</td>
</tr>
<tr>
<td>HKIN 370</td>
<td>Biomechanics</td>
</tr>
<tr>
<td>HKIN 376</td>
<td>Motor Learning, Memory and Control</td>
</tr>
<tr>
<td>HKIN 385</td>
<td>Analysis of Sports Skills</td>
</tr>
<tr>
<td>HKIN 420</td>
<td>Sports Nutrition</td>
</tr>
<tr>
<td>HKIN 440</td>
<td>Application of Applied Mental Skills</td>
</tr>
<tr>
<td>HKIN 453</td>
<td>Physical Activity for Special Populations</td>
</tr>
<tr>
<td>HKIN 470</td>
<td>Exercise Physiology</td>
</tr>
<tr>
<td>HKIN 480</td>
<td>Principles of Advanced Coaching</td>
</tr>
<tr>
<td>HKIN 495</td>
<td>Senior Seminar</td>
</tr>
<tr>
<td>HKIN 499</td>
<td>Graduating Thesis (directed study)</td>
</tr>
</tbody>
</table>

2. Psychomotor (10 sem. hrs.)

<table>
<thead>
<tr>
<th>Course</th>
<th>Sem. hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>HKIN 130</td>
<td>Aquatics</td>
</tr>
<tr>
<td>HKIN 131</td>
<td>Track and Field</td>
</tr>
<tr>
<td>Electives (6 sem. hrs.)</td>
<td></td>
</tr>
<tr>
<td>HKIN 132</td>
<td>Gymnastics</td>
</tr>
<tr>
<td>HKIN 231</td>
<td>Team Sports</td>
</tr>
<tr>
<td>HKIN 232</td>
<td>Individual Sports</td>
</tr>
<tr>
<td>HKIN 303</td>
<td>Strength Training</td>
</tr>
<tr>
<td>HKIN 333</td>
<td>Team Sports II</td>
</tr>
<tr>
<td>HKIN 342</td>
<td>Creative Movement</td>
</tr>
<tr>
<td>HKIN 430</td>
<td>Outdoor Education</td>
</tr>
</tbody>
</table>

3. Leadership Experiences (4 sem. hrs.)

Select any combination of courses of 1 or 2 sem. hrs. each for a total of 4 sem. hrs. but not to exceed 6 sem. hrs.

<table>
<thead>
<tr>
<th>Course</th>
<th>Sem. hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>HKIN 355</td>
<td>Core Teaching Experience I</td>
</tr>
<tr>
<td>HKIN 455</td>
<td>Core Teaching Experience II</td>
</tr>
<tr>
<td>HKIN 456</td>
<td>Teaching Experience</td>
</tr>
<tr>
<td>HKIN 457</td>
<td>Coaching Experience</td>
</tr>
<tr>
<td>HKIN 458</td>
<td>Approved Experience</td>
</tr>
</tbody>
</table>

4. Electives (4 sem. hrs.)

(Selected from either theory or psychomotor courses. One sem. hr. Sport Education or Recreation courses do not count toward this major.)

<table>
<thead>
<tr>
<th>Course</th>
<th>Sem. hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>RECR 201</td>
<td>Fundamentals of Recreation</td>
</tr>
<tr>
<td>RECR 210</td>
<td>Social Recreation</td>
</tr>
<tr>
<td>RECR 300</td>
<td>Leadership and Planning</td>
</tr>
<tr>
<td>RECR 320</td>
<td>Management and Facilities</td>
</tr>
<tr>
<td>RECR 450</td>
<td>Field Placement</td>
</tr>
</tbody>
</table>

Choose 17 sem. hrs. from the following courses (A maximum of three non-Recreation specialist courses (1 sem. hr.) may be counted):

<table>
<thead>
<tr>
<th>Course</th>
<th>Sem. hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>RECR 220</td>
<td>Camping Administration</td>
</tr>
<tr>
<td>RECR 325</td>
<td>Sociocultural Aspects of Sport and Leisure</td>
</tr>
</tbody>
</table>

5. Scripture Log Book

Majors are required to complete a Scripture log book pertaining to human kinetics and sport.

6. Current CPR certification

Concentration in Recreation

School of Human Kinetics
Dr. Blair Whitmarsh, Director

The concentration is obtained by completing 30 sem. hrs. of Recreation and Human Kinetics courses (at least 15 sem. hrs. at the 300 and 400 level).

Required Courses (13 sem. hrs.)

<table>
<thead>
<tr>
<th>Course</th>
<th>Sem. hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>RECR 201</td>
<td>Fundamentals of Recreation</td>
</tr>
<tr>
<td>RECR 210</td>
<td>Social Recreation</td>
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<tr>
<td>RECR 300</td>
<td>Leadership and Planning</td>
</tr>
<tr>
<td>RECR 320</td>
<td>Management and Facilities</td>
</tr>
<tr>
<td>RECR 450</td>
<td>Field Placement</td>
</tr>
</tbody>
</table>

Choose 17 sem. hrs. from the following courses (A maximum of three non-Recreation specialist courses (1 sem. hr.) may be counted):

<table>
<thead>
<tr>
<th>Course</th>
<th>Sem. hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>RECR 220</td>
<td>Camping Administration</td>
</tr>
<tr>
<td>RECR 325</td>
<td>Sociocultural Aspects of Sport and Leisure</td>
</tr>
</tbody>
</table>
RECR 365  Technological Applications in Human Kinetics and Recreation  3
RECR 430  Outdoor Education  2
RECR 453  Physical Activity for Special Populations  3
RECR 490  Philosophy and Applied Ethics in Human Kinetics and Recreation  3
RECR 495  Senior Seminar  3
HKIN 111  Scuba-Diving  1
HKIN 113  River Kayaking  1
HKIN 114  Sea Kayaking  1
HKIN 115  Swimming  1
HKIN 120  Rock Climbing  1
HKIN 121  Hiking  1
HKIN 124  Downhill Skiing  1
HKIN 144  Tennis  1
HKIN 145  Golf  1

Recreation concentrations must take HKIN 191 rather than HKIN 190 as a core requirement. If a student is also doing a HKIN minor/concentration, no courses in the Recreation and Human Kinetics may overlap.

Minor in Recreation
The minor is obtained by completing 24 sem. hrs. of Recreation courses (at least 12 sem. hrs. at the 300 or 400 level).

Required Courses (13 sem. hrs.)
RECR 201  Fundamentals of Recreation  3
RECR 210  Social Recreation  2
RECR 300  Leadership and Planning  3
RECR 320  Management and Facilities  3
RECR 450  Field Placement  2

Choose additional 11 sem. hrs. from the following courses (A maximum of two non-Recreation specialist courses (1 sem. hr.) may be counted):
RECR 220  Camping Administration  3
RECR 325  Socio-cultural Aspects of Sport and Leisure  3
RECR 365  Technological Applications in Human Kinetics and Recreation  3
RECR 430  Outdoor Education  2
RECR 453  Physical Activity for Special Populations  3
RECR 490  Philosophy and Applied Ethics in Human Kinetics and Recreation  3
RECR 495  Senior Seminar  3
HKIN 111  Scuba-Diving  1
HKIN 113  River Kayaking  1
HKIN 114  Sea Kayaking  1
HKIN 115  Swimming  1
HKIN 120  Rock Climbing  1
HKIN 121  Hiking  1
HKIN 124  Downhill Skiing  1
HKIN 144  Tennis  1
HKIN 145  Golf  1

Recreation minors must take HKIN 191 rather than HKIN 190 as a core requirement. If a student is also doing a Human Kinetics minor/concentration/major, no courses in the Recreation and Human Kinetics minors may overlap.

More Information
Contact Admissions or Department chair.

Major in Sport and Leisure Management, B.A. Degree

General Graduation Requirements
(See also Academic Information section, particularly for further details on core requirements.)

<table>
<thead>
<tr>
<th>Course</th>
<th>Sem. hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sport and Leisure Management</td>
<td>63</td>
</tr>
<tr>
<td>ENGL 103, 104</td>
<td>6</td>
</tr>
<tr>
<td>Fine Arts</td>
<td>3</td>
</tr>
<tr>
<td>History</td>
<td>3</td>
</tr>
<tr>
<td>Human Kinetics (incl. HKIN 190)</td>
<td>4</td>
</tr>
<tr>
<td>ISID 102 &amp; 400 or approved</td>
<td>4</td>
</tr>
<tr>
<td>alternative</td>
<td></td>
</tr>
<tr>
<td>Natural Science (3 sem. hrs. must</td>
<td>6</td>
</tr>
<tr>
<td>be a laboratory science)</td>
<td></td>
</tr>
<tr>
<td>Philosophy</td>
<td>3</td>
</tr>
<tr>
<td>Religious Studies (incl. RELS 101,</td>
<td>12</td>
</tr>
<tr>
<td>102; Bible content; Christianity &amp;</td>
<td></td>
</tr>
<tr>
<td>Intercultural Studies)</td>
<td></td>
</tr>
<tr>
<td>Society &amp; Culture</td>
<td>3</td>
</tr>
<tr>
<td>UNIV 101</td>
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</tr>
<tr>
<td>Electives</td>
<td>14</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>122</strong></td>
</tr>
</tbody>
</table>

Specific Requirements

1. Theory Requirements (57 sem. hrs.)
   Human Kinetics (18 sem. hrs.)
   HKIN 195  Foundations of Human Kinetics
   HKIN 325  Sociocultural Aspects of Sport and Leisure
   HKIN 351  Leadership and Planning in Human Kinetics
   HKIN 451  Sport Governance, Politics, and Law
   HKIN 490  Philosophy and Applied Ethics of Human Kinetics and Recreation
   HKIN 495  Senior Seminar
   Recreation (6 sem. hrs.)
   RECR 300  Leadership and Planning
   RECR 320  Management and Facilities
Business (27 sem. hrs.)
BUSI 111 Introduction to Business and Management
BUSI 221 Principles of Accounting I
BUSI 275 Quantitative Methods I
BUSI 280 Organizational Behavior
BUSI 331 Basic Marketing
BUSI 342 Business Finance
BUSI 345 Business Law I
BUSI 352 Human Resources Management
BUSI 435 Marketing Management

Communications (6 sem. hrs.)
Choose two of the following courses:
COMM 211 Public Speaking
COMM 213 Introduction to Public Relations
COMM 214 Organizational Communications

2. HKIN Internship (6 sem. hrs.)

Concentration in Human Kinetics
Students may obtain a concentration in Human Kinetics by completing 30 sem. hrs. of Human Kinetics courses (at least 15 sem. hrs. at 300 or 400 level; 18 sem. hrs. for secondary teaching).

Required Courses
HKIN 191 Intro to Fitness and Wellness 3
HKIN 195 Foundations of Human Kinetics 3
HKIN 198 Scientific Basis of Movement 3
Majors Activity Courses 2 @ 2 sem. hrs. each 4
Leadership Experience 2
Theory Electives 15
Total 30

Note: Must also take BIOL 241 or 243. One sem. hr. HKIN Sport Education or Recreation courses do not count toward this concentration. Prospective teachers should read introductory notes to this section.

Minor in Human Kinetics
The minor is obtained by completing 24 sem. hrs. of Human Kinetics courses (at least 12 sem. hrs. at the 300 or 400 level; 18 sem. hrs. for secondary teaching.)

Required Courses
HKIN 191 Intro to Fitness and Wellness 3
HKIN 195 Foundations of Human Kinetics 3
HKIN 198 Scientific Basis of Movement 3
Majors Activity Courses 2 @ 2 sem. hrs. 4
Leadership Experience 2
Theory Electives 9
Total 24

Note: Must also take BIOL 241 or 243. One sem. hr. HKIN Sport Education or Recreation courses do not count toward this minor. Prospective teachers should read introductory notes to this section.