

# JOURNEY: A TWU OUTDOOR EXPERIENCE

WELLS GRAY PROVINCIAL PARK CANOE TRIP

AUGUST 17-26, 2022



**“This is a trip that will change you physically, mentally, and spiritually for the better and forever.”**

*- Student from 2021*

**“The impact *Journey* had is still with me. It is probably the best thing I have ever been a part of at this school, and I mean that.”**

*- Student from 2021*

THIS YEAR'S TRIP WILL BE AN OFFICIAL TWU 3 CREDIT COURSE COUNTING TOWARDS YOUR CORE REQUIREMENTS (HKIN 216)

# Experience the transformational value of the outdoors.

Think back to a powerful outdoor experience you had in God's creation. What made that time so special? Maybe it was the people you were with or the extraordinary scenery that took your breath away. Maybe you challenged yourself beyond what you thought was possible and triumphed.

Whatever it was, it was exactly what you needed at the time, and you came back with a fresh perspective.

This August, we're inviting you on an adventure. We've planned a trip to Clearwater and Azure Lakes in Wells Gray Provincial Park that may be just what you need to recharge and refocus. Organized by TWU Recreation in collaboration with Omada Teambuilding, this unique outdoor experience is your opportunity to disconnect from the busyness of your day-to-day life and connect with God in the context of His beautiful creation. This is an opportunity for you to:

- Develop focus, resilience, and perseverance
- Explore God's calling for your life
- Spend time in reflection and prayer
- Develop and deepen friendships
- Connect with the natural beauty of creation
- Build a supportive community
- Learn essential wilderness skills and how to prepare for the outdoors

The course will be led by students from last year and several individuals rich in outdoor (and life) experience and who are passionate about sharing the transformational value of the outdoors.

Our Clearwater and Azure Lakes trip will be a journey of discovery and development that will both challenge and encourage you on your own personal journey. We hope that you'll join us.

## DATES

**August 17-26, 2022**

## WHAT TO EXPECT

You'll prepare for the trip by doing some reading, writing, and reflection assignments. Once you arrive on campus, you'll prepare through orientation, preparation, packing, and basic skills training.

Then we'll drive together to our launch site. We'll spend seven days immersed in the wilderness. During your time on the lake, you'll have numerous opportunities to reflect, explore, and share how you see the world. We will cap it off with a celebration, and we'll drive home together. On the last day, back on campus, we'll spend a few hours cleaning up and debriefing our trip.

As a bonus, this trip is now an official 3 credit TWU course (HKIN 216) that counts towards your core requirements. If you go on this trip, you will also register for HKIN 216

## WHAT TO BRING

You'll receive a list of all the personal items to bring (e.g., clothes, sleeping bag/mat). The program fee of \$600 plus tuition will cover all other trip expenses. This fee covers all meals, accommodations, primary trip equipment and gear, transportation, and backcountry access fees. Financial aid may be available for this course.

## WHAT EXPERIENCE YOU NEED

You don't need to have prior outdoor training or experience. You just need to be open to having an unforgettable experience this summer! Be willing to challenge yourself mentally, physically, spiritually, and emotionally so you can discover where God is asking you to go in your life.

## ELIGIBILITY

This trip is primarily for students who have started but not finished their second year of studies. These students will be given priority in the application process. There are 32 spots available and we expect demand to be high. Five additional spots will be available to students in their third to fifth year with extensive leadership experience.

## HOW TO APPLY

Please complete your [online application](#) no later than **Sunday, May 8, 2022.**

If you have any questions, please email [outdoorcentre@twu.ca](mailto:outdoorcentre@twu.ca)

*\*Due to high demand, please allow up to one week for us to respond.*



**RECREATION**

