



# AUSTRALIA

ALL MAJORS · MAY 2019

Trinity Western University Travel Studies



TRINITY WESTERN UNIVERSITY





Experience the land down under through sport.

WITH ITS DIVERSE LANDSCAPE AND MULTI-CULTURAL CITIES, AUSTRALIA offers a unique travel experience for the sports enthusiast. After all, the Australians' love of sport borders on a national obsession. Trip highlights include: Australian football league matches, a professional netball match, and a rugby match; tours of the Olympic Games Facilities in Sydney and the Commonwealth Games facilities in Melbourne; a lecture with Australian sport experts (coaches, athletes, and professors); a visit to the Australian Institute of Sport; and sightseeing trips to the Gold Coast, Sydney Opera House, Sydney Bridge, and Manly Beach.

## COURSES

### HKIN 325 · Sociocultural Aspects of Sport

This course is an examination of the sociological and cultural dynamics of sport and the way that sport has become a socializing agent of society and culture. North American society is constantly being affected by sport and leisure in either central or secondary ways. The course provides an examination and comparison of the sociological and cultural dynamics of sport and leisure between England, France and North America. Instructional experiences will consist of lectures and group discussions, special guest lectures, visits to sport sites, athletic training centers, sport events, and personal journaling. *Prerequisite(s): HKIN 195 and 2nd year standing or instructor permission.*

### HKIN 340/PSYC 360 · Sports Psychology

The need for and purpose of psychology in sport and physical activity. An examination of the research focusing on psychological and social psychological factors influencing athletic and motor performance. Students will meet with Australian sport experts and sport psychologists in different cities. *Prerequisites: Third year standing or instructor permission.*

### IDIS 440 · Perspectives Within the Global Sport Community

This course explores the nature and scope of worldview perspectives by means of an interdisciplinary study trip. Specifically, the course explores historical and contemporary sport and international issues—such as elite training, sportsmanship, drugs and sport, coaching, etc. The course seeks to establish some of the historical, religious, philosophical, and art ties between the relative culture and sports and to relate these values and practices to our Western culture. By exposing students to theory and practical experience related to major global sporting events such as Australian football and netball. The course attempts to assist students to understand the importance of thinking about an issue from an interdisciplinary viewpoint and integrating knowledge into a comprehensive world view. *This is an approved alternative to IDIS 400. Prerequisite(s): RELS 101, 102, and completion of a minimum of 70 sem. hrs. of university-level studies or instructor permission.*

## INSTRUCTORS



Blair Whitmarsh, Ph.D.

BLAIR WHITMARSH HOLDS A PH.D. IN SPORT Psychology from the University of Alberta, is a member of the Canadian Sport Psychology Association and is the Dean of the School of Human Kinetics at Trinity Western University in Langley, British Columbia. Since entering the field of sport psychology 18 years ago, Blair has consulted with numerous provincial, national, and international athletes from the sports of ringette, hockey, baseball, volleyball, swimming, gymnastics, track and field, bodybuilding and dance. Currently, he is the sport psychology consultant for TWU's Sports Program.



Daryl Marchant, Ph.D.

DARYL IS A REGISTERED PSYCHOLOGIST IN Australia and completed his Ph.D. at Victoria University in Melbourne. Prior to that, he completed a Master of Arts degree (Sport Psychology) at the University of Alberta. Daryl is an experienced applied sport psychologist, having consulted for a broad range of sports - particularly Australian Football, where he has worked with professional athletes for the past 18 years. Daryl is a Senior Lecturer in the School of Human Movement, Recreation and Performance at Victoria University.

## CONTACT



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